# Hikone Gity Child Rearing Guidebook





Hikone City, Families and Children Department, Children and Youth Support Division,

General Affairs Section of Children and Youth Support Division

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#### Introduction

This "Child-Rearing Guidebook" contains helpful information and details about public services provided by the city of Hikone for expectant mothers and families with young children.

We sincerely hope that this guidebook will assist many families in finding joy in raising their child or children.

The information provided inside the guidebooks is up to date as of April 1, 2025.

Details and schedules of events, etc. are subject to change. Therefore, please contact each relevant organization for the latest information.

Child-raising information is also available on Hikone City's official childrearing support website.

#### **Hikone Childrearing Support Website Hikonekko**

https://www.city.hikone.lg.jp/kosodate/index.html



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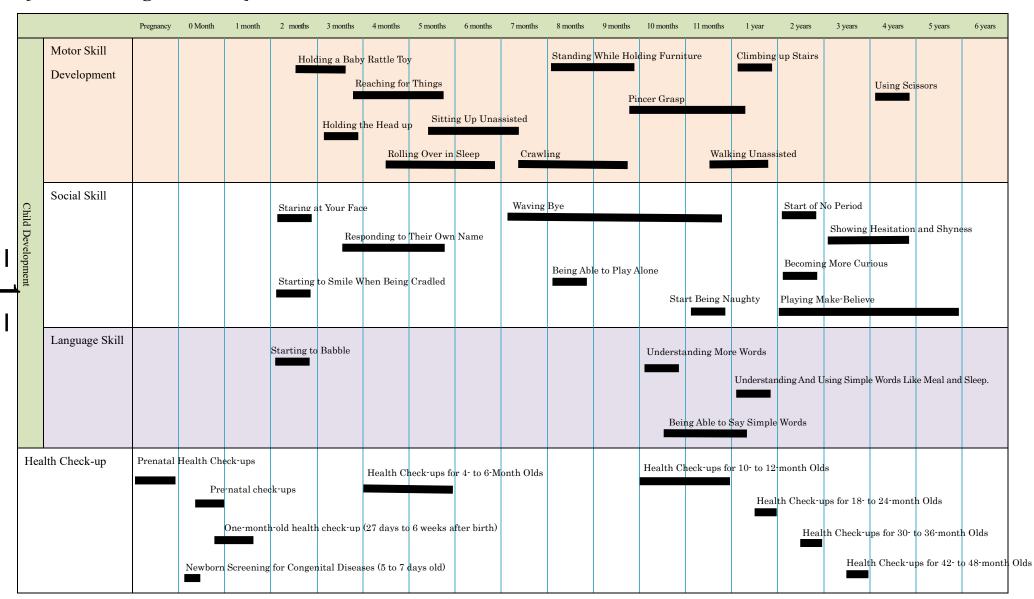
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<sup>\*</sup>There are the differences in developmental pace among babies?

#### **Pregnancy**

#### [After Your Pregnancy Is Confirmed By Your OG]

- You will receive a pregnancy report form signed by your OG.
- Mother and Child Health Handbook, Tickets for Prenatal Check-ups]

[Mother and Child Health Handbook]

The Mother and Child Health Handbook is a record book in which you can keep track of your child's development. It is called Boshi Techo in Japanese.

[Prenatal Check-up Tickets]

These tickets allow pregnant mothers to receive prenatal check-ups and other forms of care free of charge.

#### [Prenatal Check-ups]

To ensure that you and your unborn baby are healthy, please schedule regular prenatal check-ups.

A Maternity Mark



This sticker will be given to you when you receive your Mother and Child Health Handbook (Boshi Techo).

This mark informs others that the bearer is pregnant. Please be considerate and kind towards people with this maternity mark.

#### **Mother and Child Welfare Consultation Service**

This is the center where you can request consultation services with a midwife and public health nurse regarding pregnancy, childbirth, child-rearing, and more.

[Contact Information]

Hikone Mother and Child Welfare

TEL: 0749-24-3931, FAX: 0749-24-5870

#### **After Childbirth**

#### [Birth Registration]

Be sure to register your baby within 14 days after giving birth at a local government office.

[Contact Information] Life Service Division

TEL: 0749-30-6111, FAX: 0749-21-2220

[One-Time Lump Sum for Childbirth]
[Childbirth Allowance]
[NHI Premiums Exemption for Pre- and Post- Natal Periods]

\*Those who are covered by National Health Insurance.

[Contact Information] Insurance & Pension Division

TEL: 0749-30-6112, FAX: 0749-22-1398

\*Those who are covered by the Mutual Aid Association.

[Contact Information] Japan Health Insurance Association, Shiga Office

TEL: 077-522-1104

\*Those who are covered by other health insurance policies.

Please contact your health insurance provider directly.

#### [Home Visiting Program]

A midwife and/or public nurse will visit your place to check on your newborn baby.

#### [Piyo Piyo Salon]

A place for parents of two-to-four-month-old babies to socialize with one another.

[Contact Information]Mother and Child Welfare Division

TEL: 0749-24-3931, FAX: 0749-24-5870

[More About Consultation Services and the Cash Benefit Program for Pregnancy and Childbirth]

#### **Child Raising**

#### [Subsidized Medical Welfare System Called Marufuku]

• Procedures for this System (For children, single parents, etc.)



#### [Child Allowance System]

• Procedures for this System

[Contact Information] Insurance and Pension Division

TEL: 0749-30-6136, FAX: 0749-22-1398

• Financial Aid for Children with Specific Chronic Pediatric Disease

[Contact Information] Hikone Public Health

TEL: 0749-21-0281

Office

#### [Welfare Programs for Children with Disabilities]

- Special Childrearing Benefit
- Welfare Benefit for Children with Disabilities
- Medical Support for Self Reliance
- Disability Handbooks

[Contact Information] Welfare Division for People with Disabilities

TEL: 0749-27-9981, FAX: 0749-30-9231

#### [Single-Parent Households]

Childrearing Benefit

[Contact Information]Child and Youth Support Division

TEL: 0749-49-2251, FAX: 0749-26-1768

#### **Postnatal Care Programs**

At a few designated medical facilities, babysitting advice on maternal and child health, breastfeeding, and related topics, as well as child consultations, are available.

#### Health of Infants, Toddlers, Preschoolers

· Infant Check-ups

[Contact Information]

**Hikone Mother and Child Welfare Division** 

TEL: 0749-24-3931, FAX: 0749-24-5870

Early Childhood Immunization

[Contact Information] Hikone Public Health Office

TEL: 0749-24-0816, FAX: 0749-24-5870

#### **Places for Children and Parents**

Within the city of Hikone, there are multiple places where children and parents can spend time together.

- Regional Childrearing Support Center
- Reginal Classes for Children
- Childrearing Social Groups
- Childrearing Support Groups
- Parks
- Kodomo Center and Higashiyama Jido Hall
- School Yards of Kindergartens and Nursery Schools

#### For Parents/Guardians Having Concerns Over Childrearing

Childrearing support programs are available as follows.

- Childrearing Consultation
- Help for Victims of Abuse and Domestic Violence Do not go it alone. If you are in trouble please turn to us.



Orange Ribbon

## **After Giving A Birth**

The Hikone Mother and Child Welfare Division offers a wide array of services to support families with children. Please contact the division if you need further clarification.

#### Postnatal Care Program

#### Mother and Child Welfare Division, TEL: 0749-24-3931, FAX: 0749-24-5870

The postnatal care program called Sango Care Gigyō is available for mothers with babies under one year old.

This program offers services such as daycare, short stays at medical facilities, and other forms of support.

Some services are free of charge, while others may incur a fee. For details, please contact the Hikone Mother and Child Welfare Division at the number provided above.

#### **Home Visit Program**

#### Mother and Child Welfare Division, TEL: 0749-24-3931, FAX: 0749-24-5870

A midwife and a public health worker will visit your home to measure your baby's height and weight.

After giving birth, please fill out a home visit request form and submit it to the Hikone Mother and Child Welfare Division. If you plan to return to your hometown in Japan, be sure to contact the relevant local government office to inquire about a similar program.

#### [Piyo Piyo Salon]

#### Mother and Child Welfare Division TEL: 0749-24-3931, FAX: 0749-24-5870

"Piyo Piyo Salon" is a space for mothers and their babies aged two to four months.

With support from a midwife, participating mothers are encouraged to casually share their experiences and challenges in child-rearing.

- Eligibility: Parents of two to four months olds
- Hours: 9:45 11:30 (Registration Hours 9:30 9:45)
- · Location: Kusunoki Center 1F
- · Contents: Information Exchange and Consultation with a Midwife
- What to Bring: Bath Towel
  - \*\* Please check the community newsletter Koho Hikone for the schedule of Piyo Piyo Salon.

#### **Early Childhood Immunization**

#### Health Promotion Division TEL0749-24-0816, FAX0749-24-5870

Babies gradually lose the natural immunity they receive from their mothers over the first few months after birth. As they grow and begin spending more time outside and interacting with others, their risk of contracting infectious diseases increases. To protect them from potentially lifelong or fatal illnesses, vaccines are administered to help babies build immunity against specific diseases. It is important to understand which vaccines your baby will receive in advance and to ensure they are vaccinated only when they are in good health.

Vaccinations for children are administered at health facilities designated by Hikone City. When bringing your child for vaccination, be sure to bring their Boshi Techo (Mother and Child Health Handbook).
 For details on the early childhood immunization schedule, please refer to the information packet provided by the Hikone Health Promotion Division when your child turns two months old, or visit the official Hikone City website. If you plan to have your child vaccinated at a health facility outside of Hikone, please contact the Hikone Health Promotion Division in advance.



# Health Check-ups for Infants, Toddlers and Preschoolers Mother and Child Welfare Division TEL0749-24-3931, FAX0749-24-5870

Having your child's health checked is an important milestone in their development.

Each health check-up is a valuable opportunity to detect potential health issues early and to discuss any concerns you may have about parenting or your child's growth and development.

\*Details about your child's health check-up are provided through Hikone's Community Newsletter and the Suku Suku app.

Target Age Group	Check-up Method	Venue	
1-month-old babies	Individual Charle un	Heath Facilities	
4-month-old babies	Individual Check-up	City Designated Health Facilities	
10-month-old babies	Group Check-up		
1-year-and-6-month-old toddlers		Kusunoki Center	
2-year-and-6-month-old toddlers		Kusunoki Center	
3-year-and-6-month-old preschoolers			

#### [Important Notes]

- \*Questionnaires for each health check-up are provided during the home-visit program or on other appropriate occasions.
- \*Starting from the 10-month check-up, parents/guardians must make a reservation through the Suku Suku App.
- \*Please note that no reminders will be sent for health check-ups after the 4-month check-up.
- \*All parents/guardians are responsible for scheduling their child's health check-ups using the Hikone Suku Suku App.
- \*If your child is unwell on the day of the check-up, do not bring them to the appointment. Instead, contact the Hikone Mother and Child Welfare as soon as possible.
- \*In the event of a typhoon warning, major disaster, or urgent citywide situation, cancellations will be announced on the official Hikone City website and other available communication channels.

#### Solid Food Seminar Mother and Child Welfare Division TEL: 0749-24-3931, FAX: 0749-24-5870

Introducing solid foods to your baby is an important first step in their eating journey. Many parents and guardians have questions about when and how to start solid foods. To support families, Hikone City organizes seminars on introducing solid foods, as outlined below:

Target Age	Families with babies aged 4 to 5 months	
Group	*Parents/guardians with their first baby are <b>required</b> to participate in this seminar.	
	Other parents/guardians with their second, third, or subsequent babies may choose to participate	
	Families with babies aged 7 to 8 months	
Day and Time	You can find the up-to-date seminar schedule on Hikone City's website and Suku Suku App.	
Venue	Kusunoki Center 1F	
How to Apply	Please register for the seminar through the Suku Suku App.	
	If you have difficulty making an appointment, please call the Mother and Child Welfare Division.	

#### Suku Suku App Mother and Child Welfare Division TEL: 0749-24-3931, FAX: 0749-24-5870

The mobile app "Suku Suku App" was to help child-raising families in Hikone access necessary information more easily.

#### [Main Features]

- Immunization Schedule Management
- Information about Child-raising
- Keeping Track of Child Development (You can share your child's development progress and photos with your family members via the app.)
- Reserving the Following Child Welfare Programs
  - \*Health Check-ups for Infants, Toddlers and Preschoolers
  - \*Piyo Piyo Salon

- \*Solid Food Seminars
- \*Individual Child Development Consultations

#### Hikone Suku Suku App

This mobile app is helpful not only for raising your child but also during pregnancy. Please be sure to download the app on your smartphone.

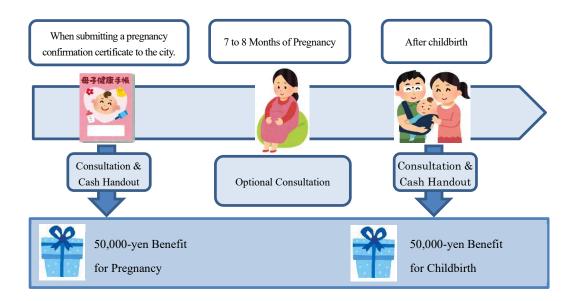




#### Consultation Services and Cash Benefit Programs for Pregnancy and Childbirth

The city offers consultations during pregnancy and childrearing, as well as cash benefits totaling 100,000 yen, as outlined in the chart below.

#### [Flowchart]



#### ©Consultation Services

City-offered consultation services for pregnant women connect them and their family members with necessary assistance. The first consultation takes place when they submit their **pregnancy confirmation certificate** to the city, and at least two more consultations are provided—around the 7th to 8th month of pregnancy, and after giving birth.

#### ©The Cash Benefit Program for Pregnancy and Childbirth

As financial assistance for families raising children, this program provides two separate cash handouts—one after the 1st consultation and the other after the 3rd consultation described above.

#### [Contact Information]

#### **Hikone Mother and Child Welfare Division**

TEL: 0749-24-3931, FAX: 0749-24-5870

#### [Welfare Support Programs for Childbirth and Child-rearing]

#### One-Time Lump-Sum Subsidy for Childbirth and Childcare

Under the National Health Insurance system, a one-time lump-sum payment of **500,000 yen** is provided to help cover childbirth expenses. If you are enrolled in a health insurance plan other than National Health Insurance, please refer to the table below for information on how to claim the childbirth lump-sum payment.

Insurance Provider	Contact Information
National Health	Hikone Insurance and Pension Division
	TEL:0749- 30-6112, FAX: 0749-22-1398
Mutual Aid Association	Get in touch the company you work for or Shiga Mutual Aid Association office
	at 077-522-1104.
Other Providers	Please check your health insurance card and reach out to your insurance provider.

# Exemption from National Health Insurance Premiums During the Prenatal and Postnatal Periods TEL:0749-30-6145, FAX:0749-22-1398

The national health insurance system offers a premium reduction program for expecting mothers.

Applications can be submitted up to six months before the due date, and the reduction can be extended for several months after childbirth.

•Eligibility Criteria

Pregnant mothers who are covered by the national health insurance system.

- Details of the Premium Reduction Program
  - ◆ Single Pregnancy: The program applies to your monthly premiums from one month before your due date until two months after childbirth.
  - ◆ Multiple Pregnancy: The program applies to your monthly premiums from three months before your due date until two months after childbirth.
- •Required Documents
  - 1. Application Form for the National Health Insurance Premium Reduction Program for Pregnancy and Childbirth
  - 2. Boshi Techo (mother and child health handbook) or a document certifying your due date
- Where to Apply

Hikone Insurance and Pension Division and branch offices of Hikone City Hall

#### **Child Allowance**

#### Hikone Insurance and Pension Division TEL:0749-30-6136, FAX:0749-22-1398

Children under 3 years old	1st and 2nd Children –Monthly: 15,000 yen	
	3 <sup>rd</sup> and Subsequent Children, Monthly: 30,000 yen	
Children aged 3 years old up to high-school age	1st and 2nd Children – Monthly: 10,000 yen	
	3 <sup>rd</sup> and Subsequent Children – Monthly: 30,000 yen *1	

<sup>\*1:</sup> Children aged 18 to 22 can be counted as a third and/or subsequent child under the revised Child Allowance system.

(Children aged 18 to 22 years old counted as a third child and beyond under the revised child allowance system must be financially supported by their parents/guardians.)

#### Where to Apply

Hikone Insurance and Pension Division, branch offices of Hikone City Hall

# Jido Fuyo Teate (Financial Assistance Program for Single Parents) Hikone Child and Youth Support Division TEL:0749-49-2251, FAX:0749-26-1768

[Benefit Amount]

Amount	As of April 2025		
Full Amount Monthly		46,690 Yen	
Partial Amount	Monthly	46,680 Yen - 11,010 Yen	

Jido Fuyo Teate is financial assistance provided to single-parent households to help cover the costs of raising children. There are certain eligibility requirements, such as an income limit; however, any single parent—regardless of nationality—can apply.

The monthly amount increases with each additional child.

For more details, please contact the Hikone Child and Youth Support Division directly.

#### Special Jido Fuyo Teate

Hikone Welfare Division for People with Disabilities TEL: 0749-27-9981, FAX: 0749-30-9231

[Benefit Amount]

Amount	As of April 2025	
1 <sup>st</sup> Grade (Severe Disabilities)	Monthly	56,800 Yen
2 <sup>nd</sup> Grade (Medium Disabilities)	Monthly	37,830 Yen

Special Jido Fuyo Teate is financial assistance provided to parents or guardians raising children with physical or mental disabilities of grade 2 or higher. This support is available to eligible families regardless of nationality. Please note that there are certain conditions—such as an income limit—that applicants must meet to qualify.

# Welfare Financial Help for Children with Disabilities Hikone Welfare Division for People with Disabilities TEL: 0749-27-9981, FAX: 0749-30-9231

[Benefit Amount]

Amount	As of April 2025	
Monthly	16,100 Yen	

This financial assistance is provided to children with severe disabilities who require constant support with daily activities. It is available to those who meet all eligibility conditions, including an income limit, regardless of nationality.

# Financial Aid for Medical Treatment Aimed at Promoting Self-Sufficiency Hikone Welfare Division for People with Disabilities TEL: 0749-27-9981, FAX: 0749-30-9231 [Eligibility]

Children under 18 years old with disabilities who will be left with certain degrees of disability when they become adults, if no medical treatment is given, qualify for this financial aid program. Under the program, financial aid is offered to cover medical expenses on the condition that treatments, such as physical surgery, can promise to improve the independence of children with disabilities to the point where they can perform daily activities without assistance in the future.

#### [Details of Financial Aid]

As a general rule, 90% of medical expenses will be publicly covered by the program. The maximum cap on

monthly out-of-pocket medical expenses will be determined and set based on the total amount of your household's residential tax. If the total amount of your household's residential tax exceeds 235,000 yen annually, you will not be eligible for this program.

\*For further details, please inquire with the relevant division.

#### [How to Apply]

After consulting with a specialist at a health facility designated by the city, please file your application to the Hikone Welfare Division for People with Disabilities.

#### **Disability Certificates**

#### Welfare Division for People with Disabilities

TEL:0749-27-9981, FAX:0749-30-9231

#### **♦**Physical Disability Certificate

There are different types of disabilities, like problems with seeing, hearing, speaking, moving, or with organs like the heart or lungs. If the condition is serious and long-term, the person or their guardian can apply for a Physical Disability Certificate. A doctor checks the condition, and the governor decides the level of disability.

#### **◆Intellectual Disability Certificate**

The Intellectual Disability Certificate is categorized into four grades: A1, A2, B1, and B2, with A1 indicating the most severe and B2 the mildest. This certificate is issued to children with intellectual disabilities by the Shiga Hikone Child and Family Consultation Center, and to adults by the Shiga Intellectual Disability Rehabilitation Consultation Office.

#### **◆**Psychological Disability Certificate

This certificate is issued by Shiga Prefecture to individuals whose daily or social functioning is limited by a mental illness or disability over a certain period of time. The certificate is classified into three grades (1 to 3), depending on the severity of the condition.

#### Financial Help for Designated Pediatric Chronic Illnesses Hikone Public Health Center

enter TEL: 0749-21-0281

Financial assistance is available for children with illnesses recognized by the government as pediatric chronic diseases, to help cover the cost of necessary medical treatment.

Applicants must meet certain eligibility requirements. For more information, please visit https://www.shouman.jp or contact the Hikone Public Health Center at 0749-21-0281.

<sup>\*</sup>If you have any questions, please feel free to contact the Hikone Welfare Division for People with Disabilities.

Please be aware that the costs of health check-ups, vaccinations, doctor's notes, the fee for first-time outpatient visits without a referral (known as Sentei Iryō), and certain other services not covered by Japan's universal healthcare system are

	d in this program either.	-
System Name	Eligibility Criteria and Details	Income Limit
Medical Welfare for Infants, Toddlers and Preschoolers	[Eligible Age Group] Infants, Toddlers and Preschoolers *Until the March 31 following their 6 <sup>th</sup> birthday. [Details] Costs for medical care and prescription drugs covered by Japan's universal healthcare system will be waived. [Requirements] Your child's health insurance card or certificate of health insurance eligibility.	No
Medical Welfare for Children in Elementary and Junior-high School	[Eligible Age Group] Children in elementary and junior-high school *Until the March 31st following their 15th birthday.  [Details] Costs for medical care and prescription drugs covered by Japan's universal healthcare system will be waived.  [Requirements] Your child's health insurance card or certificate of health insurance eligibility.	No
Medical Welfare for Children Aged from 15 to 18 Years Old	[Eligible Age Group] Children aged 15 through the March 31 following their 18 <sup>th</sup> birthday. [Details] Costs for medical care and prescription drugs covered by Japan's universal healthcare system will be waived. [Requirements] Your child's health insurance card or certificate of health insurance eligibility.	No
Medical Welfare for Children with Severe Disabilities	[Eligible Individuals] Physical Disability Grade 1 to 3, Intellectual Disability Grade A1 and A2, Psychological Disability Grade 1 and Psychological Disability Grade 2, or Special Education Grade B1, Recipient of the Special Jido Fuyo Teate for a child with a disability equivalent to Grade 1. [Details] This medical welfare program covers only co-payments. If the eligible person, their spouse, or a dependent is subject to resident tax, the following fees will apply:  • Outpatient care: A fee of up to 500 yen per medical receipt will be charged.  (Prescription medications for outpatients are free of charge.)  • Hospitalization: A co-payment of 1,000 yen per day will be charged, up to a maximum of 14,000 yen per month. [Requirements] Your child's health insurance card or certificate of health insurance eligibility, Physical Disability Handbook, Special Education Handbook, or certificate of eligibility for the Special Child Jido Fuyo Teate.  *In addition to one of the above, you may also be required to submit a tax certificate.	Yes

Medical Welfare for Single-Parent Households	[Eligibility] Single parents raising children under 18 years old [Details] The costs of medical care covered by Japan's universal healthcare system and prescription drugs will be waived. For refund claims for medical treatment received before July 2017 (Heisei 29), if the eligible recipient had a medical subsidy certificate marked as "with co-payment" (自己負担区分「有」), the refunded amount will be the total minus the co-payment portion. For outpatient treatment costs, a maximum of 500 yen will be charged per medical expense receipt. Prescription drugs for outpatients are provided at no cost. For hospitalization, a co-payment of 1,000 yen per day (up to a maximum of 14,000 yen per month) will be charged. [Requirements] A health insurance card or certificate of health insurance eligibility, a certificate of no marriage, a divorce acceptance certificate, a death certificate of the spouse, a certificate of family register	Yes
eholds	indicating that your single status, or a single parent verification certificate (please contact the Hikone Insurance and Pension Division.)  *In addition to one of the above, you may also be required to submit a tax certificate.	
Medical Welfare for Psychiatric Patients	[Eligible Individuals] Individuals with a psychological disability classified as Grade 1 or 2 who also receive Financial Aid for Medical Treatment Aimed at Promoting Self-Sufficiency for Psychiatric Patients [Details] Ten percent of the out-of-pocket expenses for medical treatment aimed at promoting self-sufficiency will be covered. [Requirements] A health insurance card or certificate of health insurance eligibility, a health insurance card and a psychological disability certificate or a Psychological Disability Certificate or an Eligibility Certificate for Financial Aid for Medical Treatment Aimed at Promoting Self-Sufficiency for Psychiatric Patients. *In addition to one of the above, you may also be required to submit a tax certificate.	Yes

#### Financial Aid for School Items

To families raising children in elementary and junior high school and residing in Hikone with financial difficulties, monetary benefits will be provided to help cover part of the expenses necessary for school education.

#### [Eligibility]

- 1. Households who are living under the Livelihood Protection Law (known as Seikatsu Hogo in Japanese).
- 2. Households facing financial difficulties that meet certain conditions set by the Board of Education.
- 3. Parents/guardians who are daily laborers registered with a job agency.
- 4. Households whose a total annual income is less than 1.2 times the minimum living cost defined under the Livelihood Protection Law.
- 5. Households that can meet other special case-by-case conditions set by the Board of Education.

Contact Information: Hikone School Education Division

TEL: 0749-24-7973, FAX: 0749-23-9190

Weekdays from 9:00 AM to 4:45 PM except on holidays and during the year-end and New Year Holiday Period.



## [Programs and Consultation Services for Child Wellbeing]

If you have any concerns about child-rearing, the following consultation services are available. Please feel free to contact any of the organizations listed below. All personal information and details shared during consultations will be kept strictly confidential.

#### **Individual Consultation for Infants, Toddlers and Preschoolers**

You can ask questions and share concerns related to child development, parenting, weaning, baby food, and more. A public health nurse and a nutritionist will be available to answer your questions and provide the necessary support.

[Time] 9:30 AM to 11:00 AM or 1:30 PM to 3:00 PM

[Location] 1F, Kusunoki Center

[Thing to Bring] Boshi Techo (Mother and Child Health Record Book)

- \*This consultation service is available by reservation only. You can make a reservation through the Suku Suku App.
- \*To check the availability of individual consultations, please use the Suku Suku App, refer to Hikone's monthly community newsletter, or visit the website of Hikone City.
- \*A baby scale is available at the following two locations. Please feel free to use it.
  - ①Hikone Mother and Child Welfare Division (Hikone Kusunoki Center, 2F)
  - (2)Kodomo Center

Contact Information: Hikone Mother and Child Welfare Division, TEL: 0749-24-3931, FAX: 0749-24-5870 Monday – Friday, 9:00 AM- 4:45 PM \*Closed on the weekend and holidays.

#### **Consultation Service for Mother and Child Welfare**

Consultations covering childrearing, child development, immunization, solid food, nutrition, and more are offered by a public nurse and mid-wife.

Hikone Mother and Child Welfare Division

TEL: 0749-24-3931

Monday – Friday, 9:00 AM – 4:45 PM \*Closed on the weekend and holidays.

#### **Regional Child Raising Support Center**

The following places offer consultation services regarding child development of infants, toddlers and preschoolers. Please feel free to contact them if you have any concerns and questions over childrening.

• Cha Cha Hiroba (Hiagashiyama Jido Hall) TEL: 0749-23-3582

Date & Time: Mon to Fri, 9:00 AM to 5:00 PM \*Closed on holidays.

Manmaru Hiroba (inside Viva City) TEL: 0749-27-5555

Date & Time: Mon to Fri, 10:00 AM to 4:00 PM \*Closed on holidays and according to Viva City's schedule.

• Kirakira Hiroba (inside Kodomo Center) TEL: 0749-28-3645

Date & Time: Tue to Sat, 9:00 AM to 4:30 PM \*Closed on holidays and the center's closing days.

Sun Sun Hiroba (Morino Ouchi) TEL: 0749-47-5511

Date & Time: Mon to Fri, 9:30 AM to 3:30 PM \*Closed on holidays.

#### **Children and Families Consultation**

The Katei Jido Sodan Office provides consultation services for a wide range of child-rearing concerns. If you're not sure where to turn for help, the following office is a good first place to start.

#### Hikone Child and Youth Support Division, Consultation Section TEL: 0749-26-0994

Date & Time: 9:00 AM to 4:45 PM \*Closed on holidays

#### **Child Development Consultation**

The Child Development Support Center offers not only consultations but also developmental assessment tests.

All consultations and tests are available by reservation only. To make an appointment, please call or visit the center.

**Child Development Support Center** TEL: 0749-47-3445, 0749-26-8282, FAX: 0749-24-7886

Date & Time: Monday to Friday, 8:30 AM to 5:15 PM \*Closed on holidays

\*Child development evaluation for children aged up to 4 are provided by the Hikone Mother and Child Welfare Division.

#### **Classes for Children in Special Needs**

The Child Development Support Center offers classes for special-needs children, including infants, toddlers, and preschoolers who may have developmental disabilities, as well as their parents.

**Child Development Support Center** TEL: 0749-47-3445, FAX: 0749-24-7886 Date & Time: Monday to Friday, 8:30 AM to 5:15 PM \*Closed on holidays

#### Asukuru Hikone

The center offers various programs tailored to the needs of young people with troubled backgrounds who are working to get back on their feet. Counseling sessions with a specialist are also available.

**Shonen Center** (Hikone Welfare Center, 2F) TEL: 0749-24-9140, 0749-26-6880 Date & Time: Monday to Friday, 9:00 AM to 4:45 PM \*Closed on holidays

Target Age: Junior high school students through 20-year olds

Email: soudan@mx.city.hikone.ed.jp

#### Young Adults Not in Employment, Education or Training

Consultations are available to help young adults in NEET seek employment and education.

**Shonen Center** (Hikone Welfare Center, 2F) TEL: 0749-24-9140

#### Hikone Children and Youths General Consultations

Consultants will provide helpful information, and if necessary, refer you to other support services or relevant authorities.

**Hikone Child and Youth Support Division, Consultation Section** Hikone Welfare Center, 2F) TEL: 0749-26-0994

Date & Time: Monday to Friday, 9:00 AM to 4:45 PM \*Closed on holidays Target Age: Children up to Adults (up to around 39 years old) and Their Families Email:kodomowakamonosoudan@ma.city.hikone.shiga.jp



#### **Child Abuse Report**

If you witness or suspect child abuse, please report it to one of the following authorities as soon as possible. The personal information of anyone who reports child abuse will be strictly protected.

Hikone Child and Youth Support Division, Consultation Section TEL: 0749-26-0994

Date & Time: Monday to Friday, 9:00 AM to 4:45 PM \*Closed on holidays

Shiga Hikone Kodomo Katei Sodan Center TEL: 0749-24-3741

Date & Time: Monday to Friday, 8:30 AM to 5:15 PM \*Closed on holidays

Child Abuse Hotline TEL: 077-562-8996

Available 24/7

National Child Abuse Prevention Number TEL: 189

Available 24/7

#### **Domestic Violence**

Domestic violence encompasses a range of abusive behaviors directed at anyone, regardless of gender, age, or background. These behaviors include not only physical abuse, but also emotional and psychological abuse, sexual abuse, financial control, and social isolation. Domestic violence often comes to light during investigations into child abuse. When it occurs in the presence of children, it can seriously affect their psychological development. As such, domestic violence and child abuse are closely interconnected.

#### [Where to Report Domestic Violence]

- Hikone Child and Youth Support Division, Support Section: TEL: 0749-49-2251, Mon Fri, 9:00 AM 4:45PM
- Hikone Children and Family Consultation Center: TEL: 0749-24-3741, Mon Fri, 8:30 AM 5:15 PM
- Chuo Children and Family Consultation Center: TEL: 077-564-7867, Every day, 8:30 AM 10:00 PM
- Gender Equality Center: TEL: 0748-37-8739 Tue Sun, 9:00 AM 12:00 PM, 1:00 PM 5:00 PM
   \*Thu Only, 9:00 AM 12:00 PM, 5:00 PM 8:30 PM

Domestic Violence Consultation: TEL: 0120-279-889 (Available 24/7)

Chat (Everyday, 12:00 PM – 10:00 PM)

In Case of Emergency: Hikone Police Department TEL: 0749-27-0110 (Available 24/7)



#### Minsei Committee Member, Jido Committee Member, Jido Committee Member

Each district has designated individuals who help look out for the well-being of parents and children. If you have any concerns or need support, please feel free to contact them at the number below.

Social Welfare Division, TEL: 0749-23-9590

Date and Time: Mon – Fri, 9:00 AM – 4:45 PM \*Closed on holidays

## [A List of Places for Children and Parents to Learn, Play and Receive Support]

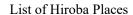
Local Childrearing Support Center \*All the following facilities are closed during the year-end and New Year Holidays.

The following facilities and places are open to families with babies, toddlers, and preschoolers for playing and participating in seminars together.

\*If a storm or special warning is issued and still in effect at 7:00 a.m., or if an urgent situation arises, events and activities at the following facilities will be canceled.

\*More details can be found on the website of Hikone City by scanning the QR codes.







#### Cha Cha Hiroba

- ★Facility Name: Higashiyama Jido Hall
- ★Address: Hikone, Satone-cho, 163-6, 0749-23-3582
- ★Opening Schedule: Mon Fri, 9:00 AM 12:00 PM, 1:00 PM 5:00 PM The lunch space is open from 12:00 to 13:00.
- •Cha Cha Time at 11:00 AM and 2:30 PM

Interactive activities, English learning, large-size picture books, and more

• Handcraft Classes (Held a couple times a month)

Art activities related to seasonal events

- •Birth Day Month Activities (Held on the 2<sup>nd</sup> Friday of each month)
  Birthday cards will be given as a gift.
- Seminars for families raising children (Held once a month) Rhythm yoga, solid food seminar and more
- Childrearing Consultation (Available everyday)
- Seasonal Events: Summer Festival (Summer Festival, Sports Game, Halloween, Christmas)



Creation



**Birthday Party** 

#### Sun Sun Hiroba

- ★Facility Name: Morino Ouchi
- ★Address: Mitsuya-cho 462-1 Tel: 0749-47-5511
- ★Opening Schedule: Mon Fri, 9:30 AM 3:30 PM
  - \*Closed on weekends and holidays. If you want to use the facility when closed, please contact the staff in advance.
- •Story Time (Weekdays at 10:30 AM)
- Body Measurement (3<sup>rd</sup> Monday)
- •Birthday Party (Last Monday of each month at 10:00 AM)
- •Play Time (4<sup>th</sup> Thursday)
- Seasonal events and activities, such as a summer festival,
- Childrearing Consultation (Everyday)



Story Time



#### Manmaru Hiroba

★Facility Name: Viva City Hikone

★Address: Hikone, Takegahana-cho 43-1, 0749-27-5555

★Opening Schedule: Mon – Fri, 10:00 AM – 4:00 PM \*Closed on holidays and when Viva City is closed.

•Story Time at 11:15 AM, 2:00 PM

Niko Niko Baby (for children aged up to 6 months)

Gokigen Baby (for children aged from 7 months to 12 months)

Once a month: 1:30 PM – 2:00 PM

•Toko Toko Asobi \*Once your baby starts to walk.

Let's get moving and play 10 Times a year, in the mornings

•Genki Kids (for children aged around 2 years)

Let's play in a group 10 Times a year, in the mornings

• Twins Time

Once a Month from 1:30 PM to 2:00 PM

\*Pregnant women are welcomed to observe this Hiroba at any time prior to giving birth!







Story Time

#### Kira Kira Hiroba

★Facility Name: Kodomo Center

★Address: Hinatsu-cho 4769 TEL: 0749-28-3645 FAX: 0749-28-3646

★Opening Schedule: Tue – Sat, 9:00 AM – 5:00 PM

\*The space of Kira Kira Hiroba is open even when the Childrearing Support Center is closed (Sundays and Holidays).

•Kira Kira Time (Tue – Fri except holidays and Kodomo Center's closing days)

\*At 11:15 AM: Interactive play sessions for children and parents are held.

\*At 3:00 PM: Story Time

We also have days when we enjoy events such as parties and birthday celebrations, spend time in nature at the park, or play energetically in the arena.

•Childrearing Seminar (10 times a year)

We offer courses that provide insights into children's growth, helping to support both child development and parenting.

•Baby Salon (Twice a month)

\*This salon is a place where parents/guardians raising children can interact with each other and exchange helpful information.

- •Hiroba Debut No Hi (Twice a month)
- Childrearing Consultation (9:00 AM 4:30 PM), Childrearing Advice Consultation Eight Times a Year.
  - \*A childcare worker and a consultant specializing in child-rearing will help you with any questions or concerns.





Baby Salon

Parenting Seminar: Nurturing Through Picture Books

## **Other Reginal Hiroba Places**

In Hikone City, there are childrearing support places called Hiroba in Japanese. At each Hiroba place, young children can enjoy toys, and their parents can interact with other parents and local residents. During opening hours, you can stop by at any time.

HIroba Name	Location	Opening Schedule	Target Group
Sakura Hiroba TEL:0749-49-2251, FAX:0749-26-1768	Hikone Fukushi Center's Annex, 2F (Hirata-cho)  If a special warning or	Every Wednesday and 3 <sup>rd</sup> and 4 <sup>th</sup> Tuedays (except on holidays) 10:00 - 11:30	Children under pre-school age and their parents
Himawari Hiroba TEL:0749-49-2251, FAX:0749-26-1768	storm warning is in effect at 7:00 a.m., if such a warning is issued during the event, or if an	1st Tuesday of each month (except a holiday) 10:00 - 11:30	2- and 3-year olds who are not enrolled in any kindergarten or nursery school and their parents/guardians
Sakuranbo Hiroba TEL:0749-49-2251, FAX:0749-26-1768	unforeseen situation occurs even without a warning, the event will be canceled.	2 <sup>nd</sup> Tuesday of each month (except a holiday) 10:00 - 11:30	Twins, triplets and other multiple birth children who are not enrolled in any childcare facilities and their parents/guardians
Each Kindergarten and Nursery School In Hikone City	Each childcare facility in Hikone	its Hiroba service to eli	dcare facility in Hikone is offering gible children. Please find further in this information guidebook.
<b>Tomato Puchi</b> Tel: 080-2508-1073	Fukumitsu Nishiima Hall (Hikone, Nishiima-cho)	2 <sup>nd</sup> and 4 <sup>th</sup> Saturdays of Each Month 10:00 – 12:00 *Please call the number in advance if your visit is your first time.	Babies, infants, toddlers, and preschool-age children who are not enrolled in a childcare facility
Happiness Hiroba Tel: 0749-27-6701	Kita Rojin Fukushi Center (Hikone, Baba 1-chome)	Every Tuesday, excluding 5 <sup>th</sup> Tuesdays. 11:00 - 12:00	Children who are not enrolled in a childcare facility

Omocha Library Tel: 0749-27-6701	Kita Rojin Fukushi Center (Hikone, Baba 1-chome)	9:00 - 17:00  *Closed on weekends, holidays and from December 29 until January 3	Babies, infants, toddlers, and preschool-age children who are not enrolled in a childcare facility
Niko Niko Hiroba Tel:090-7484-1798	Nakachiku Community Hall (Ohyabu-cho)	1 <sup>st</sup> Wednesday of Each Month, 10:00 - 11:30	Children aged from 0 to 3 and their families
Pokapoka Hiroba Tel: 090-3344-3856 LINE ID: dream38443856	Hoiku (Childcare) Service Dream Care Room (Chuo-cho)	2 <sup>nd</sup> and 4 <sup>th</sup> Tuesdays of Each Month 10:00 - 12:00 *Please contact the organization through Instagram, Facebook, etc. for further details.	Infants, toddlers and preschoolers and their families
Home Start Hiroba Tel: 070-5652-5978	Kita Rojin Fukushi Center (Hikone, Baba 1-chome)	1 <sup>st</sup> and 3 <sup>rd</sup> Thursdays 10:00 - 11:30	Families with children who are not enrolled in a childcare facility
<b>Fureai Bunko</b> Tel: 0749-22-7646	Nakachiku Community Center (Ohyabu-cho)	4 <sup>th</sup> Thursday of Each Month 10:00 - 11:30	Children aged 4 months up to preschool age and their parents.
Nishi District Sukusuku Class Tel: 090-7486-7231	Nishichiku Community Center (Honmachi 1-chome)	1st Thursday of Each Month 10:00 - 11:15	Children who are not enrolled in a childcare facility

## Programs and Activities Provided by Child Welfare Committee Members

<sup>\*</sup>The schedules for some programs and activities listed below are subject to change.

Therefore, please reach out to the child welfare committee in your district first.

<sup>\*</sup>For more details and other activities and programs for children, please visit Hikone City's official website.

District	Program/Activity Name	Location	Schedule	Target Age Group
Johoku, Josei	Mama & Papa Social Gathering	Public buildings and childcare support spaces in the Johoku and Josei school districts.	(Reception Time Starts at 9:40) 10:00 – 11:30 Sep 15, Nov 29, Jan 19 (2026), March 7 (2026)	Children aged from 0 to 13 years old  *Some activities may be available for certain ages only.
Hirata	Hirata Asobou (Play Together) Group	Shogai Fukushi Center	3 <sup>rd</sup> Monday of Each Month 10:00 – 11:30 (Closed in July, August and September)	Children aged from 0 to 4 years old who are not enrolled in any childcare facilities.
Sawaya ma	Sawayama Hiroba	Sawayama Elementary School Gym	Once a month, Sunday, 10:00 – 11:45 (Excluding April, August and March)	Children who are not enrolled in any childcare facilities.
Asahino mori	Asahinomori Baby Salon	Asahinomori Community Hall	3 <sup>rd</sup> Wednesday of Each Month 9:30 – 11:00 (Closed in March.)	Children aged from 0 to 2 years old
Takami ya	Takamiya Wai Wai Hiroba	Takamiya Bunka Center	3 <sup>rd</sup> Friday of Each Month *The opening schedule is subject to change in August and March. 10:00 – 11:30.	Infants, toddlers and preschoolers
Kawase	Baby Hiroba	Hikone City Reginal Joint Hall (Wattonesu Kasuga)	3 <sup>rd</sup> Wednesday 10:00 – 11:30 (Closed in August, January and February)	Children aged up to around 2 years old
Inae	Childrearing Support Gathering	Minami Rojin Fukushi Center	2 <sup>nd</sup> and 4 <sup>th</sup> Friday of Each Month *In December, only 2 <sup>nd</sup> Friday. 10:00 – 11:30	Infants, toddlers and preschoolers who are not enrolled in any childcare facilities.

#### Kodomo Center Hikone Hinatsu-cho 4769 TEL: 0749-28-3645, FAX: 0749-28-3646

Kodomo Center is a facility where children and parents can spend time together through play and learning programs. In addition, the center offers child-rearing support programs for families and provides consultation services. It has a wide selection of toys for children of various ages, as well as books available for borrowing. Preschoolers through junior high school students can borrow items such as balls, jump ropes, and more. The center's gym is also open for children to enjoy light exercise.

★Opening Hours: 9:00 AM - 5:00 PM

\*Facility Sanitization Time: 10:30 AM, 12:00 PM, 2:30 PM, 4:30 PM

★Closing Days: Mondays, December 29 until January 3

\*If Monday is a national holiday, the center will be closed on the following weekday instead, 2025, Oct 7 and 8

\*The center will be temporarily closed for a few consecutive days due to facility maintenance.

#### [Kira Kira Hiroba]

At this Hiroba area, there are wooden blocks and other toys for infants, toddlers and preschool children to play with.

#### [Arena]

"Children from preschool to junior high school can enjoy light exercise, with balls, jump ropes, and other play equipment available for loan or brought from home. In addition, games and books are available for loan, and rooms can be rented."

#### [Events and Activities Held at the Kodomo Center]

- Spring Mini Kids Festival
- ·Children's Shogi Class
- Astronomy Club
- Junior Volunteer Activities
- Supporters' Meeting
- Observatory Open Day
- · Shiitake Mushroom Spore Inoculation Hands-on Learning
- ·Children's Classes
- \*More information about Kira Kira Hiroba can be found in this information guidebook.
- \*For more information about events and activities held at Kodomo Center, please visit Hikone City's website.





Starry Sky Club

Look through the microscope and make a big discovery

#### Higashiyama Jido Hall Hikone Satone-cho 163-6 TEL/FAX:0749-23-3582

Jido Hall is another facility where children can play actively. Workshops for children are occasionally held, providing great opportunities to make friends with kids from different schools.

- ★Opening Schedule: Mon Fri, 9:00 AM 5:00 PM
- ★Closing Days: Weekends, Holidays, and December 29 to January 3
- \*Badminton and table tennis equipment, a carrom set, jump ropes, balls, and more can be borrowed by children.
- \*Next to this Jido Hall is a Hiroba space, which is also open to the public.
- \*During the school summer vacation period, the hall hosts special seasonal programs for children and their parents or guardians (woodworking, science classes, etc.).





Hiroba Place

Festival

## A List Of Childrearing Support Organizations and Groups

In Hikone, there are various groups formed by parents raising children, engaging in a wide range of activities. Below is a list of nonprofit organizations and groups that support families in their child-rearing efforts in Hikone.

## **Childrearing Circle**

Organization/Group Name	Location	Schedule	Details and Target Age Group
<b>Oyako Rhythm</b> Tel: 090-8528-6986	Kodomo Center (Hinatsu-cho)	Every Tuesday 10:30 - 12:00	For children aged 0 to preschool: Rhythmic exercises, hand-play activities, picture book readings, seasonal events, and more.
Hikone Wakuwaku Oppai Juku Tel: 090-7482-3029	Kodomo Center (Hinatsu-cho)	•4 <sup>th</sup> Saturday of Each Even Month •4 <sup>th</sup> Thursday of Each Odd Month 10:00 – 11:30	Expectant mothers and parents raising children gather to share their challenges and concerns about childrearing. A midwife and a childrearing consultant are available to provide advice and helpful information.  (Free and no appointment necessary)
Hikone Oyako Gekijo , Oyako Circle Kataguruma Tel: 090-1226-5077	Kodomo and Otona Kichi	•Theater Performance Viewing (4 times a year) Independent activities 2–3 times a month	Hikone Oyako Gekijo Children, youths and adults The group organizes many activities, such as plays, camping, outdoor events, a flea market, recreational games, and more.
	( Ginza-cho)	*Please call the group to check their activity schedule in advance.	Oyako Circle Kataguruma Children not enrolled in a childcare facility and their parents/guardians  Seasonal activities, workshops, outdoor games, story time, child raising seminars and so on are offered regularly.
Hikone Play Park Tel: 090-3622-8332	Nodayama-cho	Once a month (Either Saturday or Sunday)	"This is an adventure playground led by children.  'The power to play is the source of the power to live.' We want children to play freely under their own responsibility and accumulate rich experiences. Adults observe without interfering and offer advice subtly as needed. In nature, let's deepen bonds with family and friends. (For preschoolers and their guardians up to youth and adults)"
Minna Atsumare Minnano Gakkou  Email: uspnari@yahoo.co.jp	Minamichiku Community Center	Once a month (1st Saturday of each month) 10:00 – 12:00	Parents and guardians raising children can come together to talk about and share their childrearing concerns with others. Please rest assured that all personal information will be kept strictly
- Елган арпанауаноо.оо.јр	(Kanro-cho)	10.00 12.00	confidential.

Organization/Group	Location	Schedule	Details and Target Age Group
Name			
Little Baby Circle Shiga No COAYU	Within Shiga Prefecture (locations	Irregular Schedule (Once a month,	For babies born prematurely and their parents.  Please contact them through Instagram or email for more information.
Email: shiganocoayu@gmail.com	depending on the activity)	there is a peer Koryu meeting)	
Coconi  Email: wcarecoconi@gmail.com	Shimin Koryu Center (Satone-cho)	3 <sup>rd</sup> or 4 <sup>th</sup> Friday of Each Month 10:00 - 12:00	For people who are engaging in both adult care and child care at the same time.  • https://w-care-coconi.mystrikingly.com/ • https://www.instagram.com/wcare_coconi

## Support Organization

Organization/Grou p Name	Location	Schedule	Detail and Target Age Group		
	Kodomo Center (Hinatsu-cho)	2 <sup>nd</sup> Saturday of Each Even Month 13:30 – 14:30	Story Time and Happiness Hiroba are held at the Kodomo Center, where children and their parents or		
Toy Library "Tento Mushi" Tel: 0749-22-2821	Kita Rojin Fukushi Center (Happiness Hikone, Baba 1-chome)	1 <sup>st</sup> Tuesday of Each Month 11:00 – 12:00	guardians can also explore a variety of handmade to		
	Fukushi Center 3F (Hirata-cho)	1st and 3rd Wednesdays 13:30 – 16:00	They create handmade toys such as fabric picture books, play equipment, apron theaters, and dolls.		
Hikone Jido Tosho	Hikone City	Every Tuesday 10:30 – 12:00	Seminars and workshops can be arranged upon request from childcare facilities, elementary schools, and other organizations. We also offer story time and a variety of book-related programs.		
<b>Kenkyu Group</b> Tel: 0749-22-0649	Library (Osue-cho)	1st Saturday 11:00 – 11:30	Picture book reading, story time and other programs can be offered to 3-year olds up to lower-grade elementary schoolers.		
2 <sup>nd</sup> Saturday 11:00 – 11:30			Picture book reading, hand play, the introduction of picture books for 3-year olds up to lower-grade elementary schoolers.		

Organization/Gr	Location	Schedule	Detail and Target Age Group
oup Name	Childcare facilities, elementary school,	One to three times a month	Japanese folktales, Japanese traditional songs, hand play, picture book reading, hand play, and Japanese
Hikone	and junior-high school  At Request	At Request	At the request, seminars and events can be offered for high school students and adults.
Ohanashiwo Kataru Kai Tel: 090-8579-9701	Asahinomori Chiku Community Center (Shohoji-cho)	1st Thursday 10:30 – 11:30 *If the community center is closed, a different day.	For children aged up to 3 years old and their parents/guardians.  Picture book reading, hand play, traditional songs and so on
	Hikone City Library	3 <sup>rd</sup> Saturday 10:30 – 11:00	Japanese folktales, Japanese traditional songs, hand play, picture book reading, hand play, and Japanese traditional songs.
	(Osue-cho)	3 <sup>rd</sup> Wednesday 11:00 – 11:20	For Children aged up to 3 years old and their parents/guardians
NPO Hikone Sodachino Network Rapport Tel: 070-5652-5978	At home, etc.	2 hours each time	Home Start (Home Visit Program) For pregnant women and families with children under 6 years old
•Blog http://sodachi.shiga- saku.net/ •Email hikonesodachi@gmail .com	Kita Rojin Fukushi Center (Happiness Hikone, Baba 1-chome)	1 <sup>st</sup> and 3 <sup>rd</sup> Thursday 10:00 – 11:30	Home Start Hiroba For pregnant women and families with children under 6 years old
	Rapport Office (Nakayabu-cho)	Thursday and Friday 10:00 – 12:00 13:00 – 15:00 (by reservation)	Children and Parents Class For pregnant women and families with children under 3 years old

Organization/Group Name	Location	Schedule	Detail and Target Age Group
NPO Childcare Service Dream	•Childcare Services Room(Chuo-cho) •Home Childcare	Irregular	Temporary Childcare, Drop-off and Pick-up Support, Support during the Post-natal Period, seminars and workshops  For children aged from 3 months up to 12 years old.
Tel: 090-3844-3856 LINE ID: dream38443856	•Childcare Services Room (Chuo-cho)	2 <sup>nd</sup> and 4 <sup>th</sup> Tuesdays 10:00 – 12:00	Poka Poka Hiroba  For children who are not enrolled in any childcare facility and their parents.  *Please contact the organization through Instagram, Facebook, etc.
HotHot~Hodo Hodo~  Email: hodohodo.hikone@gmail.com Instagram(Contact via DM.): https://www.instagram.com/ho	Kita Rojin Fukushi Center ( Happiness Hikone, Baba 1-chome)	2 <sup>nd</sup> and 3 <sup>rd</sup> Tuesdays 11:00 - 12:00	Hodo Hodo Café For children who are not enrolled in any childcare facility and their parents.
• Hodo Hodo Cafe  • Donation and Reuse Program for Children's Clothing and School Uniforms  • Hodo Hodo Shokudo	HODOHODO Nanamagari (Serinaka-cho 49)	Once a week *Please check the latest information about their activities on Instagram.	Donation and Reuse Program for Children's Clothing and School Uniforms  *Twice a year, the event called Kaekoto is hosted.  [Contact Information]  *LINE ID: @806hyck  For one-on-one interactions, please contact them.  *Email: hodohodo.hikone@gmail.com
	Nakachiku Community Center (Oyabu-cho)	Once a month on a Saturday. 11:30 – 13:30 *Please contact	Hodo Hodo Shokudo Anyone is welcomed to visit this Shokudo, regardless of age.

Organization/Group Name	Location	Schedule	Detail and Target Age Group
Om nOm nOm (Omnomunomu) Tel: 0749-47-6088  •Bye Bye Oppai LINE ID: @099aiivg Email: bye.bye.oppai@gmail.com  •E-KOnoOTAKU LINE ID: @180lggid Email: info.eekonootaku@gmail.com	Teraitei (Hikone, Honmachi 1-chome)  *Teraitei is a family-friendly restaurant that welcomes families with children.	10:30 - 11:30 *Reception starts at 9:40. *Please check the group's LINE and social media.  10:00 – 14:00 *Please check the group's LINE and social media.	Byebye Oppai (Weaning Seminar) Parents and guardians with questions or concerns about starting solid foods can come together to support one another. Solid food tastings and related events are held several times a year. For 0-year and 1-year-olds and their parents.  E-Kono OTAKU Children's Cafeteria  Some events are hosted by the group. Families raising children are welcomed. Please check their Instagram account.

#### Hikone Family Support Center: TEL/FAX:0749-24-3920

The center offers a network system where individuals who want to assist with child-rearing can connect with those who need help. Registration is required, but it is free of charge.

- Target Age Group: 0 to 12 years old \*Up to elementary schoolers
- \*Looking after sick children, helping with household chores, and overnight childcare are not provided.

They are entrusted by Hikone City, Aisho-cho, Toyosato-cho, Kora-cho, and Taga-cho to provide childcare support services.

Baby Station Children and Youth Support Division, General Affairs Section of Children and Youth Support Division: TEL: 0749-49-2251, FAX: 0749-26-1768

In Hikone, as part of the city's efforts to support families with babies and toddlers, small private spaces called Baby Stations are available for diaper changing and feeding. For more information, please contact Division at the number above or visit the Hikone City's official website.

Sign of Baby Stations  $\rightarrow$ 



#### Main Library and Regional Small Libraries

TEL: 0749-22-0649, FAX: 0749-26-0300

#### Hikone City Library

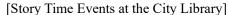
•Address: Hikone City, Osue-cho 8-1

TEL: 0749-22-0649, FAX: 0749-26-0300

•Opening Schedule: Tue – Sun, 10:00 AM – 6:00 PM

\*Closing Schedule: Monday, 4th Thursday, Holiday, New Year Holiday Period (Dec 28 – Jan 4)

Special Maintenance Period (about a week sometime in February)



1st Saturday: 11:00 – 11:30 "Fun Story Time Gathering"

2<sup>nd</sup> Saturday:11:00 – 11:30 "Picture Book Reding"

3<sup>rd</sup> Saturday: 10:30 – 11:00 "Japanese Folktales Time"

3<sup>rd</sup> Wednesday: 11:00 – 11:20 "Ohizade Dakko Story Time"

#### Regional Small Libraries

Small libraries are located throughout Hikone to help children discover the joy of reading. Feel free to stop by one of the regional small libraries with your child.

#### ★Small Libraries for Children

Name	Address	Opening Schedule
Kichi Bunko	Nomura Building 3F (Ginza-cho, 2-22)	Wednesdays, 10:00 AM – 4:30 PM
Toriimoto Oyako Bunko	Toriimoto District Community Hall (Toriimoto-cho)	Monday to Saturday *Available during the community hall's opening hours.
Kangaroo Bunko	In Ohyabu-cho	1st and 3rd Wednesdays, 3:00 PM – 5:30 PM
Ohkina Kino Bunko	In Nishiima-cho	2 <sup>nd</sup> and 4 <sup>th</sup> Wednesdays, 3:00 PM – 6:30 PM Spring Break and Summer Break, 2:00 PM – 6:30 PM
Ayumi Bunko	Kawase District Community Hall (Morido-cho)	2 <sup>nd</sup> Wednesdays 2:00 PM – 4:30 PM
Ohisama Honobono Bunko	Minami District Community Hall (Kanro-cho)	3 <sup>rd</sup> Saturday 10:00 AM – 12:00 PM
Kodomo Bunko "Mina"	Hikone Machinoeki MINNA (Kawahara 1-chome)	Saturdays 3:00 PM - 5:00 PM
Peace Home	New Hope Chapel (Yamanowaki-cho)	1st Saturday 3:00 PM – 5:00 PM
Furatto Do Book Salon	Kameyama Branch Office (Katayama-cho)	Thursdays 3:00 PM – 4:45 PM

#### **★**Small Libraries for Families

Name	Address	Opening Schedule			
Tvanic	7 Iddiess	1 5			
Ohisama Bunko	Hinatsu-cho Community Hall (Hinatsu-cho)	1 <sup>st</sup> and 3 <sup>rd</sup> Thursdays,			
Onisama Bunko	Timatsu-cho Community Han (Hinatsu-cho)	2:30 PM - 5:00 PM			
		Monday to Saturday			
Satsuma-cho Oyako Bunko	Satsuma-cho Neighborhood Association Hall	*Available during the hall's opening			
	(Satusma-cho)	hours.			
Medaka Bunko	Ohyshy sho	2 <sup>nd</sup> and 4 <sup>th</sup> Thursdays			
месака випко	Ohyabu-cho	3:30 PM – 5:00 PM			



<sup>\*</sup>Seasonal events are held for children and their parents.

<sup>\*</sup>The schedule of events is subject to change. Please contact the library directly or visit the City's website for more information.

<sup>\*&</sup>quot;Hiyoko Time" for young children: 1st and 3rd Wednesdays, 10:00 – 12:00

#### Parks with Pools for Children in Hikone

#### Hikone City Planning Division, TEL: 0749-30-6124, FAX: 0749-24-8517

- Pool Opening Period: July 20 until August 20, 10:00 AM to 4:00 PM \*The pools may be closed, depending on the weather.
- •Request: The pools are open for preschoolers. Be sure to keep an eye on your child/children while using either pool.
  - \*Pets and playing in the pool with shoes on are prohibited.
  - \*If rising cases of infectious diseases, etc. are reported, the pools may be closed.
- Take Park (Hassaka-cho)
- \*Parking Available(29 Cars)
- \*Public Restroom Available



- Sotobaba Park (Kyomachi 2-chome)

  \*No Parking Available
  - \*Public Restroom Available



#### City-Run Parks and Playgrounds

#### Hikone City Planning Division, TEL: 0749-30-6124, FAX: 0749-24-8517

#### Konki Park (Konki-cho)

Parking Available (198 Cars) Public Restroom Available

\*Konki Park has large playgrounds, tennis court, and more and located closely from Hikone Castle. On the premises of the parks, there are an open space ground, tennis courts, multi-purpose ground, and other spaces open to the public throughout a year.



#### · Shosakai Park (Kaideima-cho)

Parking Available (100 Cars) Public Restroom Available

\*Shosakai Park offers a lot of nature and has playground equipment for children of various ages.

On the premises of the park, there are flower gardens called as "Flower Zone" where 78 kinds of around 1,250 roses

and 28 kinds of 2,000 irises are planted.



#### • Fukumitsu Park (Nishiima-cho)

No Parking Available Public Restroom Available

\*The name of the park comes from the fact that its location was once a residential area, spanning from

the Jomon period to the Heian period. For this reason, you can find Haniwa objects (ancient clay figurines) as symbols

of the park. The park is located very close to JR Hikone Minami Station."



#### Kyomachi Park (Kyomachi 2-chome)

No Parking Available Public Restroom Available

\*Kyomachi Park features playground equipment, fitness equipment, and flower gardens.

There are benches with roofs in the park, providing a place for parents and children to relax and spend time together.



#### • Mt. Kojin Park (Hinatsu-cho)

Parking Available (431 Cars) Public Restroom Available

\*Mt. Kojin Park is rich in nature and located near the Uso River. The park features a ballpark, tennis court,

ground golf area, open-air stage, and the largest playground equipment in Hikone. The Hikone Kodomo Center

is also located on the premises and is open to the public.



#### · Chidorioka Park (Wada-cho)

Parking Available (37 Cars) Public Restroom Available

\*Chidorioka Park is stretching from Mt. Amatubo to Mt.Kannon. The park is rich in nature, and a beautiful view can be

observed from the mountain top. The park has a ground and grass space.



#### Toriimoto Park (Toriimoto-cho)

Parking Available (49 Cars) Public Restroom Available

\*The park is surrounded by greenery and has a large ground and more.



#### Kawase Park (Kawasebaba-cho)

Parking Available (27 Cars) Public Restroom Available

\*The park has playground equipment for children of various ages and a grass area for preschool-aged children.

There is also a ground where children can play sports.



#### Prefecture-Run Parks in Hikone

#### Shiga Prefecture Government Office, Tel:077-528-4281

# • Lake-side Green Space (Sone Marsh): Parking Available (83 Cars), Public Restroom Available

The lake-side green space is located to the west of Mt. Kojin. It features a large grassy area and playground equipment

near Sone Marsh. This is a great place to relax, take a walk, enjoy the changing seasons, and much more.



# • Lake-side Green Space (Minami Mitsuya-cho): Parking Available (84 Cars), Public Restroom Available

This green space is located along Lake Biwa and is surrounded by it. The views of Lake Biwa from this spot are

beautiful and relaxing. This green space features unique playground and fitness equipment that can be used

by children and people of all ages.



## [A List of Nursery Schools, Kodomo-ens, Kindergartens, etc.]

#### Hikone Early Childhood Division TEL: 0749-23-9597 FAX: 0749-26-1768

		Location		Tel	Tel Fax	Fax Operating		Childcare Services				
Name	Zip Code	Address	Capacity	(0749)	(0749)	Hours	Extra	Temp	Holi	Playground Opening		
Nishi Nursery School	522-0067	Nagasone-cho 8-21	110	22-1194	22-1194	7:30~19:00	0	0		0		
Higashi Nursery School	522-0082	Kiyosaki-cho 8-4	120	22-1394	22-1394	7:30~19:00	0	0		0		
Futaba Nursery School	522-0235	Kongoji-cho 101	140	28-2405	28-2601	7:30~19:00	0	0	0	0		
Jonan Nursery School	522-0054	Nishiima-cho 285-1	170	22-2582	22-2583	7:30~19:00	$\circ$			0		
Hinatsu Nursery School	522-0047	Hinatsu-cho 2634-1	80	28-0614	28-0614	7:30~19:00	$\circ$	0		0		
Hanada Nursery School	522-0046	Kanro-cho 473-2	60	28-0580	28-0580	7:30~19:00	0			0		
Take Nursery School	522-0058	Sugoshi-cho 1154-5	60	28-0681	28-0681	7:30~19:00	0	0		0		
Asahinomori Nursery School	522-0027	Higashinonami-cho 498-2	150	22-2658	22-2658	7:30~19:00	$\circ$			0		
Toriimoto Nursery School	522-0004	Toriimoto-cho 1445	50	23-6091	23-6091	7:30~19:00	0	0		0		
Kameyama Nursery School	529-1155	Katayama-cho 272-2	60	25-1209	25-1209	7:30~19:00	0	0		0		
Shiawase Nursery School	522-0222	Minami Kawase 1195-1	90	28-0581	28-0200	7:00~19:00	0					
Inae Futaba Nursery School	521-1133	Honjo-cho 2647	80	43-2053	43-2238	7:30~19:00	0	0				
Kotobuki Nursery School	521-1103	Kamiokabecho 503	50	43-2057	43-2190	7:30~19:00	0	0				
Mizuho Nursery School	521-1113	Inabe-cho 400-1	110	43-4394	43-6562	7:30~19:00	0	0		0		
Nozomi Nursery School	522-0064	Honmachi 1-chome 8-20	90	22-6011	22-6013	7:30~19:30	0					
Megumi Nursery School	522-0201	Takamiya-cho 1755	90	26-5791	26-5793	7:00~19:00	0	0				
Runbini Nursery School	522-0083	Kawahara 1-chome 1-4	90	26-1230	21-1180	7:30~19:00	0	0		0		
Hikone Infant Care	522-0051	Nakayabu 2-chome 2-6	70	22-5768	26-6807	7:00~19:00	0	0		0		
Donguri Nursery School	522-0223	Kawasebaba-cho 1149-1	90	25-5110	25-5112	7:15~19:15	0	0		0		
Morinoko Nursery School	522-0055	Nose-cho 106	110	23-4918	23-4928	7:30~19:00	0	0				
Asahinomori Nursery School	522-0025	Nodayama-cho 1099-1	45	30-9321	30-3386	7:30~19:00	0		0	0		
Raymond Ohyabu Nursery School	522-0053	Ohyabu-cho 2655	90	47-5945	47-5946	7:30~19:00	0					
Momono Ie Nursery School	522-0043	Koizumi-cho 395-7	85	47-5500	26-2150	7:15~19:15	0					
Kodama Soyokaze Nursery School	522-0024	Houze-cho 26-4	90	22-0415	22-0418	7:00~19:00	0		Δ	0		
Donguri Kendaimae Nursery School	522-0057	Hassaka-cho 3248	46	28-7040	28-7041	7:15~19:15	0	0				
Hikone Sakura Nursery School	522-0033	Serikawa-cho 586	90	26-3800	26-3805	7:30~18:30	$\circ$			0		
Hikone Kangaroo Nursery School	522-0042	Togacho 53-3	50	49-2022	49-2030	7:30~19:00	$\circ$	0				
Wellness Nursery School Hikone	522-0007	Furusawa-cho 255-1 Aeon Town Hikone	44	49-3731	49-3732	7:30~18:30	0		$\circ$			
Igran Nursery School Minami Hikone	522-0044	Takegahana-cho 17-1	60	30-9876	30-9877	7:30~19:30	$\circ$			0		

<sup>\*</sup>The above information is subject to change.

<sup>\*</sup>Opening hours include extended childcare services.

<sup>\*</sup>Hikone Infant Childcare and Asahinomori Infant Childcare are childcare facilities for children aged between 0 and 3.

<sup>\*</sup>If you have questions regarding childcare services on Saturdays and holidays and other matters, please directly contact the childcare facility.

#### [Kodomo-ens]

	Address		Capacity		Telephone	FAX	Opening	Childcare Services			
Name	Zip Code	Address	Group 1	Group 2 & 3	(0749)	(0749)	Hours	Exten ded	Temp orary	Holid ay	Ground Opening
Hirata Kodomo-en	522-0041	Hiratacho 303-1	110 (3 – 5 yrs.)	90 (0 – 5 yrs.)	23-7120	23-7119	7:30 - 19:00	0	0		
St. Joseph Kodomo-en	522-0062	Tachibanacho 2-24	90 (3 - 5 yrs.)	70 (0 – 5 yrs.)	22-5376	22-5523	7:30 - 19:00	0			0
ABC English Preschool	522-0053	Oyabucho 2496-1	15 (3 – 5 yrs.)	45 (2 – 5 yrs.)	23-2000	20-8829	8:00 - 19:00	0			0
Hikarinomori Kodomo-en	521-1122	Mitsuyacho 462-1	15 (3 – 5 yrs.)	60 (0 – 5 yrs.)	47-3237	47-3238	7:15 <b>~</b> 19:00	0	0		0
Kinjo Kodomo-en	522-0056	Kaidemacho 1492	75 (3 - 5 yrs.)	109 (0 – 5 yrs.)	47-3615	47-3618	7:30 - 19:30	0			0

<sup>\*</sup>Opening hours include the extended childcare service.

#### [Small-Scale Childcare Facilities]

	Location						Childcare Services		
Name	Zip Code	Address	Capacity	TEL (0749)	FAX (0749)	Opening Hours	Extended	Temporary	Holiday
Hohoemien	522-8503	Ekihigashi 15-1	19	22-3332	27-4567	7:15 - 19:30	0		
Pallet	521-1135	Shingaicho 2240	19	29-9073	20-6885	7:30 - 19:00	0		0
Niko Niko Ohisamaen	522-0027	Higashinonami -cho 1235-5	19	20-2961	20-2961	7:30 - 19:00	0	0	
Tsubomi Nursery School	522-0201	Takamiya-cho 2373	19	49-2572	49-2573	7:30 - 19:00	0		

<sup>\*</sup>Small-scale childcare facilities care for a small number of children aged 0 to 2 years old.

## [On-Sight Childcare Facilities]

	Lo	Location					Childcare Services		
Name	Zip Code	Address	Capacity	TEL (0749)	FAX (0749)	Opening Hours	Extended	Temporary	Holiday
Karugamo Nursery School	522-0044	Takegahana-c ho 80	35 (10)*	23-1804	23-1804	7:45 - 20:00	0	0	0

<sup>\*</sup>On-sight childcare facilities care for a small number of children aged 0 to 2 years old.

<sup>%</sup> For more information such as when each Kodomo-en opens its playground area to the public, directly contact them.

<sup>\* (10)</sup> in the item Capacity above refers to a number of slots available of children of parents who are not employed by the corporation.

#### [Uncertified Childcare Facilities]

		Location					Chil	dcare	Serv	vices
Name	Zip Code	Address	Capacity	TEL (0749)	FAX (0749)	Opening Hours	Extended	Zip Code	Holiday	Notes
NPO Hoikue Service Dream	522-0063	Chuo-cho 4-32	18	090-3844- 3856	20-9209	24/7		0	0	
Ohmi Furusato Kai On-sight Childcare Mutsumi	522-0056	Kaidema-cho 1343-3	20	21-3200	21-3227	7:30 - 18:30		0		
Hug Terrace Hikone	522-0043	Koizumi-cho 46-2	19	47-6545	47-6546	7:30 - 21:00	0	0	0	
Niji No Ouchi	522-0052	Nagasone Minami-cho 519-19	12	20-8259	20-8259	7:00 - 22:00	0		0	
Child Like Furafu	522-0033	Serikwa-cho 1430-10	12	30-9172	30-9173	7:00 - 20:00	0	0		
GRAFFE	522-0045	Uo-cho 257-2-2F	14	080-4954- 5619		8:30 - 18:30	0	0		
Hug Terrace	522-0043	Koizumi-cho 45-3	12	27-0003	27-0056	7:30 - 21:00	0	0	0	
Kurashiwo Ouen Service repos			3	090-9252- 4439		7:30 - 19:30				Baby Sitting
Kids Line				080-3774- 6756		9:00 - 21:00		0	0	Baby Sitting

## [Kindergartens]

\*A number of vacant seats are different from school to school. Please inquire of the school directly.

Name	Zip Code	Address	Telephone Number (0749)	FAX (0749)	
Hikone Kindergarten	522-0064	Honmachi 1-chome 3-33	22-0412	27-6265	
Takamiya Kindergarten	522-0201	Takamiya-cho 2391	22-0625	27-6266	
Inae Hiagshi Kindergarten	521-1113	Inabe-cho 315-1	43-5743	43-6320	
Asahinomori Kindergarten	522-0027	Higashinonami 493-2	24-1119	27-6268	
Johoku Kindergarten	522-0002	Matsubara-cho 3751-3	24-2522	27-6269	
Sawayama Kindergarten	522-0033	Serikawa-cho 481-1	23-2555	27-6271	
Joyo Kindergarten	522-0047	Hinatsu-cho 166	25-3975	25-3370	
*Opening Hours:8:30 - 14:00 (Mon - Fri)  *Until 4:30 PM, the Azuakri childcare service is availble.					
Midori Nursery School	522-0223	Kawasebaba-cho 962-2	0749-25-2066	0749-25-2066	

<sup>\*</sup>Opening Hours: Mon, Tue, Thu, Fri, 8:30 – 14:00 (Wed and Sat until 11:30)

The Azukari Hoiku service is available until 5:00 PM five times a week. The school is closed on 2<sup>nd</sup> and 4<sup>th</sup> Saturdays.

The Dream Hiroba Program is hosted five times a year for children who are not enrolled in the school.

For more details, please contact the school directly.

#### [Childcare Services for Children Who Are Under the Weather]

Only in case no one can watch a child who is under the weather at home, the following childcare service is offered as follows

\*The following childcare place is available only for families with children under 10 years old who reside in Hikone, Aisho, Toyosato, Kora, and Taga.

Name: Koala (Fujino Kids' Clinic)Location: Hikone, Toga-cho 36-6

o Contact Info: TEL/FAX 0749-47-5366

o Capacity: 6 Children Per Day

Opening hours and days Monday to Friday, 8:30 AM until 6:00 PM

Closed on the weekends, national holidays, during the Obon season, and during the year-end and New Year holidays.

If you have any questions regarding the cost and more, please inquire of the Hikone Early Childhood Division.

## [A List of Elementary And Junior-high Schools]

Hikone School Education Division TEL: 0749-24-7973, FAX: 0749-23-9190

School Name	Zip Code	Address	TEL (0749)	FAX (0749)
Joto Elementary School	522-0081	Kyomachi 2-chome 2-19	22-0312	27-0317
Josei Elementary School	522-0064	Honmachi 3-chome 3-22	22-7613	27-0325
Jonan Elementary School	522-0054	Nishiima-cho 380	22-4518	26-9183
Hirata Elementary School	522-0041	Hirata-cho 267	24-1110	26-9436
Johoku Elementary School	522-0002	Matsubara-cho 3751-3	22-5771	26-6121
Sawayama Elementary School	522-0082	Yasukiyo-cho 11-32	22-0863	26-9469
Asahinomori Elementary School	522-0027	Higashinonami-cho 300	22-3087	26-9515
Joyo Elementary School	522-0046	Kannro 430	25-1055	25-4442
Wakaba Elementary School	522-0232	Rendaiji-cho 180	25-3545	25-3543
Kinjo Elementary School	522-0053	Oyabu-cho 391	22-4898	26-6134
Toriimoto Elementary School	522-0004	Toriiimoto-cho 1550-1	22-2214	26-7646
Kawase Elementary School	522-0231	Gokurakuji-cho 118	28-1020	25-4443
Kameyama Elementary School	529-1155	Katayama-cho 8	28-0322	28-4472
Takamiya Elementary School	522-0201	Takamiya-cho 2447	22-0512	26-7541
Inae Higashi Elementary School	521-1113	Inabe-cho 308	43-2014	43-6799
Inae Nishi Elementary School	521-1133	Honjo-cho 3583	43-2114	43-6644
Inae Kita Elementary School	521-1102	Shimo Okabe-cho 597	43-2205	43-6599
Higashi Junior-high School	522-0033	Serikawa-cho 443	22-1006	26-6174
Nishi Junior-high School	522-0061	Konki-cho 8-1	22-4808	27-0322
Chuo Junior-high School	522-0054	Nishiima-cho1207	26-0200	26-6184
Minami Junior-high School	522-0046	Kanro-cho 156	28-1283	25-4449
Hikone Junior-high School	522-0213	Nishitsuzuramachi 553	28-3000	25-4446
Toriimoto Junior-high School	522-0004	Toriimoto-cho 788	22-2209	26-6123
Inae Junior-high School	521-1105	Tahara-cho 202	43-2210	43-5955
Kawase Junior-high School	522-0223	Kawasebaba-cho 975	25-2200	28-2935

#### A List of Afterschool Children's Club

#### Hikone Life-long Learning Division: TEL: 0749-24-7974, FAX: 0749-23-9190

The Afterschool Children's Club provides childcare for elementary school children whose parents cannot look after them after school due to work or other legitimate reasons. It offers a safe environment that supports children's health and wellbeing and is available in 17 of Hikone's school districts.

Afterschool Children's Club Name	Address	TEL
Joto	Kyomachi 2-chome 2-19	090-8167-5488
Josei	Honmachi 3-chome 3-22	090-8167-5517
Jonan	Nishiima-cho 383	0749-22-1027
Hirata	Hirata-cho 267	090-8167-5584
Johoku	Matsubara-cho 3751-3	0749-22-8078
Sawayama	Yasukiyo-cho 11-32	0749-26-5033
Asahinomori	Higashinonami-cho 455	0749-27-3954
Joyo	Kanro-cho 430	090-8167-5569
Wakaba	Rendaiji-cho 180	080-1443-5834
Kinjo	Oyabu-cho 391	0749-22-1037
Toriimoto	Toriimoto-cho 1550-1	090-8167-5637
Kawase	Gokurakuji-cho 118	090-8167-5602
Kameyama	Katayama-cho 8	0749-28-3905
Takamiya	Takamiya-cho 2447	0749-22-2033
Inae Hiashi	Inabe-cho 308	090-5010-4439
Inae Nishi	Honjo-cho 3583	090-3848-9755
Inae Kita	Shimookabe-cho 597	090-5886-3960

#### **Operating Hours**

From afterschool until 6:30 PM on the weekday.

#### Costs of Afterschool Children's Club Services

- •8,000 JPY per month per child
  - (10,000 JPY if you leave your child in the care of Afterschool Children Club on Saturdays.)
- •13,000 JPY in August per month per child
- (15,000 JPY if you leave your child in the care of Afterschool Children Club on Saturdays.)
- •3,000 JPY during winter break
- •3,000 JPY during spring break

#### Notes

Other reduction/exemption programs are available. Please visit Hikone City's official website for more information.

Please note that separate expenses and insurance fees are charged by each Afterschool Children's Club.

<sup>\*</sup>Saturdays, during school holiday periods and school closures: 7:45 AM to 6:30 PM

<sup>\*</sup>During periods before and after each long school break, when school meals are not provided, the Afterschool Children's Club opens from late morning. If your child attends during this time, please prepare a packed lunch.

## [Hospital, Urgent Care Center]

A List of Health Facilities (As of January 1, 2025)

	Name	Medical Department	Address	TEL(0749)
1	Iris Women's Clinic	Obstetrics and Gynecology	Chuo-cho 3-73	22-6216
2	Iris Women's Clinic Alice	Obstetrics and Gynecology	Hassaka-cho 2888-1	29-9025
3	Ikeda Ear, Nose and Throat Clinic	Ear, Nose and Throat, Allergies	Nishiima-cho 948-5	27-3317
4	Ikeda Internal Medicine Clinic	Internal Medicine, Cardiovascular	Nose-cho 18-8	21-6060
5	Iseki Eye Clinic	Ophthalmology	Oshiro-cho 14-15 Ueno Dai5 Building 2F	26-0761
6	Ito Orthopedic Surgery Clinic	Orthopedics, Rheumatism, Rehabilitation	Nishiima-cho 1041-18	23-7787
7	Ohashi Cardiovascular Medicine Clinic	Internal Medicine, Cardiovascular	Gosanjo-cho 649	30-3800
8	Okada Clinic	Internal Medicine, Cardiovascular, Pediatrics	Hashimukai-cho 44	22-1505
9	Ogawa Ear, Nose and Throat Clinic	Ear, Nose and Throat, Allergies	Eki-higashi-cho 15-1 Ohmi Railway Building 1F	22-8799
10	Okuno Internal Medicine	Internal Medicine	Hon-machi 1-4-28	21-3355
11	Kamiya Kids Clinic	Pediatrics	Serikawa-cho 472-16	23-2255
12	Komori Clinic	Internal Medicine, Gastroenterology, Pediatrics	Asahi-machi 2-18	22-2714
13	Sakata Orthopedic Surgery Clinic	Orthopedics, Rheumatism	Kiyosaki-cho 288-37	28-3737
14	Shimizu Clinic	Internal Medicine, Gastroenterology	Chuo-cho 3-55	21-3525
15	Joto Eye Clinic	Ophthalmology	Sawa-cho 11-30 IC Building 2F	23-4097
16	Shiraishi Surgery	Surgery, Gastroenterology, Proctology, Surgery, Internal Medicine	Hida-cho 915	43-5651
17	Shiraishi Ear Nose and Throat Clinic	Ear, Nose and Throat	Kanazawa-cho 586-4	43-6500
18	Sugimoto Orthopedic Surgery Clinic	Orthopedic Surgery, Rheumatism, Internal Medicine, Rehabilitation	Higashinonami-cho 1013-1	30-0055
19	Sumiyoshi Clinic	Gastroenterology, Internal Medicine, Pediatrics	Koizumi-cho 106-1-103	30-1835
20	Takamuara Surgery	Surgery, Orthopedic Surgery, Internal Medicine, Dermatologist, Urology	Chuo-cho 3-10	22-0650
21	Takayama Cardiovascular Medicine	Internal Medicine, Cardiovascular, Respiratory Medicine	HInatsu-cho 2680-35	28-7007
22	Taguchi Clinic	Internal Medicine, Pediatrics	Hikotomi-cho 905-3	43-6600
23	Tatsumi Clinic	Internal Medicine, Pediatrics	Nishi Nonami-cho 269-18	22-1180
24	Tanaka Clinic	Internal Medicine, Gastroenterology, Proctology, Surgery, Rehabilitation	Kaidema-cho 1516-18	27-1611
25	Tanaka Kids Clinic	Pediatrics	Kawasebaba-cho 1082-7	28-8801
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26	Tamiya Kids Clinic	Pediatrics	Matsubara-cho 3614	22-2780
27	Tsuji Urology Clinic	Urology, Internal Medicine, Dermatology	Nishiima-cho 1131-23	23-7714
28	Tokuda Clinic	Internal Medicine, Pediatrics, Gastroenterology, Radiology	Decchi-cho 218-1	43-7001
29	Nakatsuka Internal Medicine	Internal Medicine, Cardiovascular, Respiratory Medicine	Kawasebaba-cho 1079-1	29-0981
30	Nakanishi Clinic	Internal Medicine, Gastroenterology, Pediatrics	Seribashi 2-chome 9-14	22-1152
31	Nakahashi Orthopedic Surgery Clinic	Orthopedic Surgery, Rheumatism, Rehabilitation	Takamiya-cho 1793-3	26-5088
32	Nanohana Psychiatric Clinic	Psychiatrics, Diabetes, Internal medicine of Endocrinology	Daito-cho 2-29 Mekata Building 1F	27-7087
33	Narumi Kinen Clinic	Internal Medicine, Digestive Medicine, Cardiology, Respiratory Medicine, Pediatrics	Katayama-cho 1405-3	28-1323
34	Hashimoto Clinic	Internal Medicine, Respiratory Medicine	Kaminishigawa-cho 384	43-2207
35	Hayashi Women's Clinic	Obstetrics, Gynecology, Internal Medicine	Takegahana-cho 658	26-0528
36	Yamamoto Dermatology	Dermatology	Hinatsu-cho 2878-1	25-4116
37	Hirota Dermatology	Dermatology	Nishiima-cho 142-15	21-1112
38	Fujiseki Clinic	Pediatrics	Takamiya-cho 2037	23-2233
39	Fujino Kids Clinic	Pediatrics, Cardiovascular	Toga-cho 36-6	47-5311
40	Fuse Clinic	Internal Medicine, Gastroenterology, Pediatrics	Jizo-cho 190-8	46-3711
41	Minami Hikone Clinic	Psychiatrics, Neurology, Psychology	Nishiima-cho 138	24-7808
42	Matsuki Clinic	Internal Medicine, Pediatrics, Home-Visit Services	Hirata-cho 678-10	22-5185
43	Mekata Eye Clinic	Ophthalmology	Gosanjo-cho 495-5	27-5151
44	Yasuzawa Internal Medicine	Internal Medicine	Takamiya-cho 2290	22-0954
45	Yamasaki Surgery	Surgery, Orthopedic Surgery, Internal Medicine, Rehabilitation, Home-Visit Services	Kawara 3-1-20	22-1888
46	Yamashita Clinic	Internal Medicine, Pediatrics, Gynecology	Nagasone-cho 5-25-1	24-5290
47	Yokono Clinic	Internal Medicine, Gastroenterology, Pediatrics	Ohyabu-cho 2035-4	24-1515
48	Hikone Municipal Hospital	General Hospital	Hassaka-cho 1882	22-6050
49	Yujin Yamazaki Hospital	General Hospital	Takegahana-cho 80	23-1800
50	Hikone Chuo Hospital	General Hospital	Nishiima-cho 421	23-1211
Hiko	one Urgent Care Center	Internal Medicine, Pediatrics	Hassaka-cho 1900-4	22-1119

## A List of Dental Clinics in Hikone (As of January 1, 2025)

Name	Branch of Dentistry	Address	Tel (0749)
Akai Orthodontic Clinic	Orthodontics	Oyabu-cho 2160	30-9933
Akai Dental Clinic	General Dentistry	Toga-cho 143-4	22-4903
Asahina Dental Clinic	General Dentistry	Gosanjo-cho 41	23-6480
Anju Dental Clinic	General/Pediatric Dentistry	Eki Hiagshi-cho 5-8	21-4118
Ikeda Dental Clinic	General Dentistry, Oral Surgery	Kanazawa-cho 1053	43-2418
Ikeda Dental Clinic Takamiya	General/Pediatric Dentistry, Oral Surgery	Takamiya-cho 702-5	27-1717
Imoto Dental Clinic	General Dentistry	Hara-cho 504-35	22-7757
Kitagawa Orthodontic Clinic	Orthodontics, General Dentistry	Takamiya-cho 1418-1, Wellness Mori, 1F	21-6480
M Dental Office	General/Pediatric Dentistry, Oral Surgery	Matsubara-cho 1435-111	21-5212
Ota Dental Clinic	General/Pediatric Dentistry	Kyomachi 3-chome 4 - 15	22-0328
Kawajiri Dental Clinic	General/Pediatric Dentistry, Orthodontics, Oral Surgery	Kyomachi 2-chome 3-35	24-4700
Kitarmura Dental Clinic	General/Pediatric Dentistry, Orthodontics, Oral Surgery	Hirata-cho 137-8	24-1050
Kitamura Dental Clinic	General/Pediatric Dentistry, Oral Surgery	Shiromachi 2-15-7	22-0622
Kimura Dental Clinic	General/Pediatric Dentistry	Gosanjo-cho 528-8	23-2220
Koba Dental, Orthodontic Clinic	General/Pediatric Dentistry, Orthodontics	Gosanjo-cho 494-2	26-6050
Sakurai Dental Clinic	General Dentistry	Koizumi-cho 314	24-5850
Shiraishi Dental Clinic	General Dentistry	Okamachi-cho 5-5	23-3084
Shiraishi Dental Clinic	General/Pediatric Dentistry	Norada-cho 325-5	43-2017
Sugimoto Dental Clinic	General Dentistry	Rendaiji-cho 50-50	28-2604
Soga Dental Clinic	General Dentistry	Gosanjo-cho 260-3	22-0973
Tainaka Dental Clinic	General Dentistry	Kawara 1-chome 4-22	24-6480
Taiyo Dental Clinic	General/Pediatric Dentistry	Hirata-cho 678-12	24-8241
Takatori Dental Clinic	General Dentistry	Norada-cho 436-1	43-6073
Tanaka Dental Clinic	General/Pediatric Dentistry, Orthodontics	Nishiima-cho 1131-15	27-3355
Choju Dental Clinic	General Dentistry	Hirata-cho 422-13	26-1993
Tsutsumi Dental Clinic	General/Pediatric Dentistry	Hara-cho 850 – 175	24-2363
Nakagawa Dental Clinic	General/Pediatric Dentistry, Orthodontics, Oral Surgery	Kyomachi 2-chome 8-20	27-3188
Nakajima Dental Clinic	General/Pediatric Dentistry	Motomachi 3-12	23-3907
Noda Dental Clinic	General Dentistry, Oral Surgery	Sawayama 4-1	23-6288
Nomura Dental Clinic	General/Pediatric Dentistry, Oral Surgery	Hara-cho 180-28	26-5183
Fumimura Dental Clinic	General Dentistry	Kiyosaki-cho 500-51	25-3241
Fumimura Dental Clinic	General/Pediatric Dentistry, Orthodontics, Oral Surgery	Kawasaki-cho 1643-1	28-1182
Horiguchi Dental Clinic	General Dentistry	Hinatsu-cho 2680-47	28-4182

Name	Branch of Dentistry	Address	Tel (0749)
Mikiko Dental Clinic	General/Pediatric Dentistry	Nishiima-cho 21-1	26-5069
Muto Dental Clinic	General/Pediatric Dentistry, Oral Surgery	Nishiima-cho 363-5	21-0008
Yasuzawa Dental Clinic Koizumi	General/Pediatric Dentistry	Koizumi-cho 106-9	22-6191
Yasuzawa Dental Clinic	General Dentistry	Hirata-cho 58-5	23-3318
Yamada Family Clinic	General/Pediatric Dentistry, Orthodontics	Nose-cho 58-2	20-4393
Yoshida Dental Clinic	General Dentistry, Orthodontics	Serikawa-cho 1463-11	24-2700
Hikone Municipal Clinic	General Dentistry, Oral Surgery	Hassaka-cho 1882	22-6050

#### [Programs to Raise Awareness of the Importance of Oral Hygiene]

#### •Oral Hygiene Classes for Toddlers and Preschoolers

For one and a half, two and a half, and three and a half years old

#### •Oral Hygiene Promotion Programs at Schools and Childcare Facilities

#### • Home-Visit Dental Care Services

The city provides information on dentists who can visit homes for those who cannot go to a dentist due to disabilities, etc.

#### • Dental Examinations for the Elderly

#### •Oral Hygiene Art Contest

As part of the Oral Hygiene Promotion Week in June, a selection of art works related to oral hygiene created by children

in elementary and junior-high will be awarded.

#### •Oral Health Festival

During the month of June, free dental check-ups, consolations, dentil cleaning, etc. will be offered.

#### • Dental Care Services at the Request of Companies

#### • Holiday Urgent Care Center

Please read Hikone City's monthly community newsletter for further details.

#### [A List of Maternity Clinics]

Name	Available Services	Address	TEL(0749)
Maternity Clinic NORIKO	Seminars, Consultations, Childbirth Support, Massages, etc.	Uo-cho 1-39	080-6187-1686
Kawashima Breastfeeding Consultation Clinic	Consultations, Prenatal and Postnatal Support	Hinatsu-cho 2828-77	0749-28-2020 (Voicemail) 080-3850-1660
Yoshimura Maternity Clinic	Childbirth Support, Consultation on Breastfeeding, Seminars	Hikontomi-cho 603-28	0749-20-1765
Midwifery Clinic Himawari	Pre- and postnatal support and child-rearing assistance through home visits.	Norada-cho	070-1404-6480
Uminoko Midwifery Clinic	Consultation, breast care, and baby massage	Inabe-cho 290-2	090-4275-7936
Kaori Midwifery Clinic	Consultation on breast feeding and child-raising and baby massage	Serikawa-cho	090-4909-5021

#### **■**Urgent Pediatric Health Care Hotline **■**

Please call the number when you are unsure whether you should take your child to a doctor or not.

[Availability] • Weekdays and Saturdays: 6:00 PM – 8:00 AM next morning

• Sundays, Holidays, and New Year Holiday Period: 9:00 AM - 8:00 AM next morning

[Target Age]

Children under 15 residing in Shiga

## **Speed Dial #8000 or Tel:077-524-7856**

\*When you call, recoded messages will start to play automatically. Please stay on the line.

Please note that this urgent health care hotline can only provide advice and information based on the health conditions you describe. In case of a true emergency, please call 119 for an ambulance. Please stay on the line while your call is being connected to a nurse/doctor.



#### Frequently Given Advice and Information

- Call an ambulance.
- See a doctor as early as possible.
- See a doctor if conditions deteriorate.
- 4 See a doctor tomorrow or a day after tomorrow.





Information on Nighttime Emergency Medical Centers

- Tel: 0749-23-3799
- Linkhttp://www.shiga.iryo-navi.jp/

Online Information about Urgent Medical Care (in Japanese, English and Chinese)

- Pediatrics Association: http://www.kodomo-qq.jp/
- \*Helpful information on various health problems among children under one and a half is provided on the website.

## **■**Hikone Urgent Care Center (Internal Medicine and Pediatrics)**■**

[Location] Hikone Kusunoki Center, 1F(Health and Medical Complex)
Hassaka-cho 1900-4 (on the premises of Hikone City Hospital)

[Telephone Number] 0749-22-1119

\*Make sure to call this number in advance.

[Opening Days] Open on Sundays, national holidays, and year-end and New Year holidays (Dec 29 – Jan 3)

\*Check the latest schedule on Hikone City's website.

[Reception Hours] 9:00 AM – 4:30 PM

[Opening Hours] 10:00 AM – 5:00 PM (closed at lunchtime)

[Operation System] Doctors from the Hikone, Aichi, and Inukami areas take turns providing medical care at the complex.

[Important Notes] Please call the urgent care center to describe your health condition before your visit, as many individuals at the center are already experiencing symptoms such as fever and cough. The center also requires all visitors to wear a mask.

Please be sure to bring your My Number card and/or health insurance card, prescription drug handbook, and cash.



## A Map of Public Places for Famileis and Children

