

List of Recommended Items for Emergency Kits



| Weight of Each Emergency Bag is Recommended to be 15 kg for adult men, 10 kg for adult women. | | | |
|---|---|--|--|
| Valuable Items | | | |
| <input type="checkbox"/> Passport | <input type="checkbox"/> Residence Card | <input type="checkbox"/> Insurance Card | <input type="checkbox"/> Bankbook • Inkan |
| <input type="checkbox"/> Cash | <input type="checkbox"/> Emergency Contact List | | |
| Emergency Medical Items | | | |
| <input type="checkbox"/> First-aid kit | <input type="checkbox"/> Medicine (A copy of prescription) | <input type="checkbox"/> Denture • Hearing aid | <input type="checkbox"/> Extra Eye Glasses |
| Emergency Food, Water | | | |
| <input type="checkbox"/> Canned food etc. | <input type="checkbox"/> Bottled Water | <input type="checkbox"/> Canned Bread, Energy Bars | |
| Others | | | |
| <input type="checkbox"/> Portable radio | <input type="checkbox"/> Flashlight (one for each person) | <input type="checkbox"/> Extra batteries | <input type="checkbox"/> Portable charger |

| Food Stockpiles | | | |
|---|--|--|--|
| Stockpile three-day worth of emergency food and keep it where any of your family members can have easy access to. | | | |
| Emergency Food • Water | | | |
| <input type="checkbox"/> Instant Rice | <input type="checkbox"/> Canned Food, Instant Food, Energy Bars, etc. | <input type="checkbox"/> Infant Formula, Food for the Elderly | <input type="checkbox"/> Disposable Chopsticks, Paper Plates & Cups, Survival Knives, Can Openers, Wrap, Matches, Lighters, Plastic Bags |
| <input type="checkbox"/> Bottled Water (3ℓ per person per day) | <input type="checkbox"/> Emergency Water Storage Tanks | | |
| Fuel | | | |
| <input type="checkbox"/> Portable Gas Stove | <input type="checkbox"/> Household Gas Cylinders | | |
| Clothes | | | |
| <input type="checkbox"/> Gloves | <input type="checkbox"/> Rain Coats | <input type="checkbox"/> Surgical Mask | <input type="checkbox"/> Ear Plugs, Eye Masks |
| <input type="checkbox"/> Boots, Sports Shoes | <input type="checkbox"/> Underwear, Socks | | |
| Others | | | |
| <input type="checkbox"/> Wet Wipes | <input type="checkbox"/> Shampoo You Can Use Without Water | <input type="checkbox"/> Home Tool Set | <input type="checkbox"/> Portable Toilet |
| <input type="checkbox"/> Toilet Paper | <input type="checkbox"/> Outdoor Gadgets | <input type="checkbox"/> Ropes | <input type="checkbox"/> Diapers |
| <input type="checkbox"/> Sanitary Items | | | |