The city where everyone wants to live

広報
ひこね(英訳版)

Community Newsletter,

Koho HIKONE

(Abridged Edition)

Nos. 1351-1352 Date: April 1, 2016

Published by: Multicultural Coexistence

Human Rights Policy

Division

Hikone City Hall

Tel: (0749)-30-6113

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2016.4



http://www.city.hikone.shiga.jp/english/index.html

Name of Division	Telephone Number
Hikone City Hall (Representation)	0749-22-1411 (Main Number)
Hikone City Hall (JINKEN SEISAKU KA) 彦根市役所(人権政策課)	0749-30-6113 (Direct Number) 直通番号

You can ask English Interpreter Service at the reception in Hikone City Hall.

Please say "English Interpreter please" in Japanese, "EIGO TUUYAKU ONEGAI SHIMASU".

"Koho Hikone" foreign language version by Hikone City is issued once every month.

This newsletter is available at

- *Head Post Office
- *Viva City 2F(near the children play ground)
- * Yujin Yamazaki Hospital
- *Shiga Bank (Oyabu Branch)
- *Jinno Clinic
- *"Gyomu Super Market"(Toga-cho)
- *Hikone City Hall 1F
- *Beisia Hikone
- *AEON TOWN Hikone

Various Services 様々なサービス

●Interpreters are available if you request this service at the reception desk.

Please say this Japanese sentence "eigo tuyaku onegaishimasu." 英語通訳お願いします。 (It means "please call English interpreter for me".) えいご つうやく おねがいします。 We might change the interpreter's available time.

Hikone City Hall: Weekdays 8:30 ~ 12:00 13:00 ~17:15

Japanese Class

Day	Hour	Location, Place	Organization Name to contact	Cost
Wednesday すいようび	19:00 to 20:30	Shimin kaikan 市民会館	Hikoneshi Kokusai Kyoukai 彦根市国際協会 (0749)-22-5931 (Not available from Dec. to Feb.)	100yen/ lesson 100 円 / 1 回
Saturday どようび	14:00 to 16:00	Naka-chiku Kouminkan 中地区公民館	Hikone Kokusai Kouryu-kai VOICE ひこね国際交流会 VOICE (NAEMURA) なえむらさん Tel 090-7118-5250	100yen/ lesson 100 円 / 1 回
Sunday にちようび	10:00 to 11:30	Nishi-chiku Kouminkan 西地区公民館	Volunteer Nihongo Kyoushitsu SMILE ボランティア日本語教室スマイル よしおかさん (YOSHIOKA) (0749)-24-7241	100yen/ lesson 100 円 / 1 回
Monday~ Friday (Except for holidays) げつようび~き	① 10:00~ 11:30 ② 13:30~ 15:00 ③ 15:30~ 17:00	Innovation Office "NAYASHICHI" (Shiro-machi 1-7-16)	"Smile's Satellite" (Weekday Class) NAYASHICHI Tel 0749-29-5077 or みずのさん(MIZUNO) Tel 070-5661-7345	100yen/ lesson 100 円 / 1 回

[Hikone International Lounge News]

Computer use is free in the Hikone International Lounge. We are waiting for your use!!

INFORMATION

☆Information from the Sanitation Center

★The garbage collection on May 3 & 4 (Holidays) is as follows.

	May 3 (Tue)		May 4 (Wed)		May 5 (Thurs)
Garbage collection	Burnable Garbage Plastic Waste Area of Tuesday		Plastic Waste	Ceramics & Other items	×
Gui suge conceuon			Area of Wednesday		
Bottles, Cans & Metal	×		×		×
Direct Drop-off garbage to the Center	×		×		×

^{*}For more information, please refer to "the Garbage Collection Calendar for the fiscal year 2016"

★The following places will be added for collection boxes for used fluorescent lights of household trash from April. 1

The collection started last October. The collected lights are recycled to house insulation or material for new fluorescent lights.

Target Light: Circular type (40 cm or less in diameter) & Straight type (1.2 m or less in length)

Add Place & Time: District Community Centers (Nishi district, Higashi district, Asahinomori district, Naka district,

Minami district), Higashiyama People's Center, Human rights & Welfare Interchange Center.

Time: The opening hours of opening days.

Existing Place & Time: Consumer Affairs and Environment Division, City Hall 1F, City Branches (Inae, Toriimoto,

Takamiya, Kawase and Kameyama), The Sanitation Center (small electrical appliances garbage area)

Time: 8:30 \sim 17:15 on Weekdays

Out of the Target: •Broken lights

(Unacceptable) •Ball type, Bulb type, Twin bulb type

•Incandescent light, Glow starter, etc.

·Lights trash from schools or business systems (company, store, etc.) The trash is industrial waste.

*Out of the target lights from house are landfill garbage as usual.

Inquiries: The City Sanitation Center Tel. 0749-22-2734 Fax. 0749-24-7787





^{*}Please don't park cars or etc. in front of community's collection places.

☆A light Automobile Tax will be Changed

Motorcycles with Hikone licenses number (the new rate of taxation)

Car type	Engine displacement	Old tax rate	New tax rate
	Under 50cc	1,000yen	2,000yen
Mataubilea	50cc~90cc	1,200yen	2,000yen
Motorbike	90cc~125cc	1,600yen	2,400yen
	Under 50cc small car	2,500yen	3,700yen
Light motorcycle	125cc~250cc	2,400yen	3,600yen
Motorcycle	Over 250cc	4,000yen	6,000yen
Small size special car	For agriculture	1,600yen	2,000yen
-	Others	4,700yen	5,900yen

Light automobile

C	ar type	present rate *1	New rate*2	Double taxation*3
	Passenger private	7,200yen	10,800yen	12,900yen
Light automobile	Business	5,500yen	6,900yen	8,200yen
Light automobile	Transported private	4,000yen	5,000yen	6,000yen
	business	3,000yen	3,800yen	4,500yen
	3-wheeled light car	3,100yen	3,900yen	4,600yen

^{*1} The car takes the first test before March 31, 2015.

In both cases, it is applicable for the car which has been used for less than 13 years since the first test at the base date for assessment (April 1)

*3 It is applicable for the car which has been used for over 13 years at the base date for assessment (April1). When your car's first test was before Dec 2002, it is applicable.

Reduced Tax Rate.

Cars that take test in 2015 and have small environmental impact are applicable for reduced tax rate. For details, please check a tax notice sent in May.

Inquiries: Hikone City Tax Division Tel. 0749-30-6140 Fax. 0749-22-1398

XNational Pension Premium for 2016 was Revised to ¥ 16.260 a Month

From April, 2016 to March, 2017, the National Pension Premium is to be ¥ 16,260 a month. (Until March this year it was ¥ 15,590 a month.) You can get a discount by advance payment in cash. The deadline is May 2 (Mon).

Advance payment for a year: ¥ 191,660 (¥ 3,460 discount)

Advance payment for half a year: ¥96,770 (¥ 790 discount)

In Japan, all citizens aged 20 to 60, including foreign residents, should join the National Pension system and pay the premium. Also, in the following cases, you have to report to the City *Hoken Nenkin-ka*, its branches or Hikone *Nenkin-jimusho*. Be careful if you fail to report, you may receive a lower amount of pension or sometimes you may not have your pension.

- 1. When you become 20 years old. (Procedure is accepted from the day before your birthday.) 2nd number insured person is excluded.
- 2. When you quit working. If you have a dependent spouse, you have to report for the spouse, too.
- 3. When you are no longer a dependent family member of 2nd number insured person. For example, if you get a larger income or if you become divorced.

♦Payment of Additional pension insurance premiums

If you add 400yen and pay it, you can receive a lot of money than normal in a future

If you want to apply, please make a procedure at Hikone *Nenkin-jimusho* or Nation Health Insurance office or Pension Division or branch offices

Important point

- ① A member of Farmers' Pension must pay an additional pension insurance premiums
- ② A member of National Pension Fund can not pay an additional pension insurance premiums

♦There are three kinds of insured persons in the National Pension system.

- (1) 1st number insured person: a citizen aged 20 to 60 who lives in japan such as a self-employed business owner, an agriculturist, a fisher, a student and so on.
- (2) 2nd number insured person: a member of the social security pension for office workers or civil servant and is younger than 65 years old.
- (3) 3rd number insured person: the spouse who is a dependent on the 2nd number insured person and is aged 20 to 60. Inquiries: *Kokumin-nenkin-ka*, Hikone *Nenkin-jimusho* (Tel. 0749-23-1114 Fax. 0749-23-9038)

^{*2} The car takes the first test after April1, 2015

*Registration and Prevention Injections Against Rabies for Your Dog

It is the owner's responsibility to register your dog and to get your dog injected. Be sure to get your dog injected once every year.

• Dogs that need this injection:

Any dog that is 91-days-old and over

*Disabled persons' aid dogs are exempt from the charge.

*Please bring exact change.

"Important Notes before you bring your dog" · · ·

- Bring an invitation postcard (fill out a questioning space) and your dog registration card with you
- If you have an unregistered dog, bring a memo with the owner's name, address, phone number, the dog's name, kind, date of birth, and sex.
- 3) The dog must be accompanied by a person who is able to control it.
- 4) Please bathe the dog before coming to the Center.
- 5) If your dog can not get this injection at the designated place unfortunately, be sure to get it from a family veterinarian
- 6) Please clean up if your dog has a bowel movement.
- 7) Be sure to attach a leash to your dog's collar, unless it is a guide dog.
- ★Be sure to put a dog tag which proves a previous injection, on the collar
- ★When the owner changes their address or your dog has passed away, please notify it Consumer Affairs and Environment Division. You can download a notification form from Japanese Hikone Website.

 Inquiries: Consumer Affairs and Environment Division Tel. 0749-30-6116 Fax. 0749-27-0395



Schedule

Da	te	Time	Place					
		11:00 ~ 11:30	Shingai-cho Community Center					
	11	13:00 ~ 13:30	Inae Brnch					
	(Mon)	14:15 ~ 14:45	Honjyo-cho Community Center					
		9:30~10:30	Naka-chiku Community Center					
	13	7.50 ·- 10.50	Hikone synthesis athletic ground					
	(Wed)	11:15 ~ 11:45	swimming center					
	()	13:30~14:00	Toriimoto Community Center					
	15	10:00 ~ 10:45	City Health & Welfare Center					
	(Fri)	13:30 ~ 14:15	Green Pea Hikone					
		0.20 10.00	Hikone City Hall Bicycle					
	18	9:30 ~ 10:00	Parking Lot (north side)					
		11:00 ~ 11:30	Koto Health & Welfare Center					
April	(Mon)	11:00 ~ 11:50	(Hikone Health Center)					
		13:30 ~ 14:00	Higashi-nonami Hall					
	20	10:00 ~ 10:30	Minami Community Center					
	(Wed)	11:30 ~ 12:00	Hikone San Palace					
	(wed)	13:30 ~ 14:00	Martial Arts Training Hall					
		10:00 ~ 10:30	Inabe-cho Community Center					
	22	11:00 ~ 11:30	Kameyama Branch					
	(Fri)	(Fri)	(Fri)	(Fri)	(Fri)	(Fri)	13:30 ~ 14:00	Human rights & Welfare
		13.30 * 14.00	Exchange Hall					
		10:00 ~ 10:45	Takamiya District Culture					
	25	10100 101.10	Center					
	(Mon)	13:30 ~ 14:30	Asahinomori Community					
		10.00 10.20	Center					
	10	10:00 ~ 10:30	Green Pea Hikone					
	10	11:00 ~ 11:30	Kawase Branch					
Moss	(Tue)	13:30 ~ 14:00	Hikone City Hall Bicycle Porking Let (north side)					
May		10.00 10.20	Parking Lot (north side)					
	12	10:00 ~ 10:30	Hara-cho-nishi Meeting Place					
	(Thu)	11:15 ~ 11:45	City Health & Welfare Center Inae Brnch					
		13:30 ~ 14:00	mue dificii					

Population Census 2015 The latest news of the population of Hikone City

The total number of the population 113,819
The number of households 45,624

The final number of the population, etc. will be made public after October in order.

Your cooperation was highly appreciated in 2015. ●Inquiries: City Planning Division Tel. 0749-30-6101 Fax. 0749-22-1398



☆Procedure for Applying to Carry Landfill Waste will be Changed

Application form is needed to carry landfill waste to Nakayama dumping site. Please adhere to the provided standards for carrying landfill waste because the disposal of landfill waste at Nakayama dumping site will be ended and this operation will be outsourced to a private company on April 1. The address of the applicant is checked with his or her driving license or so to locate the place the waste come from.

The location to apply: Consumer Affairs Division, The Sanitation Center and branch offices. Inquiries: Consumer Affairs Division Tel. 0749-30-6116 Fax. 0749-27-0395

☆School Expense Subsidies System

School expense subsidies are provided for families: Guardians who have financial difficulties. The subsidies are to be used for a part of lunch and school supplies.

Target: Those who have a Resident's Certificate in Hikone City and their children are attending municipal elementary school or guardians listed below.

- ► Those who are exempt from taxation or qualified for reduced taxation.
- ► Those who are provided with "Allowance for Single Parents" (jido fuyo teate) not "Children's Allowance" (jido teate)
- ► If the guardian "Social Welfare/Livelihood Protection" is stopped or has expired.
- ▶ Others: Those that the Board of Education admits are eligible for it.

Content: School subsidies, School lunch, School trip expenses, etc

How to apply: The application form is available at each elementary school, junior high school and the Board of Education (Civic Center 2F) Please fill in the forms and apply for the subsidy at each school.

- * For families who did not live in Hikone City as of January 1, 2016, the Income Certificate (such as Tax Certificate of 2016 which shows the income of 2015) needs to be attached the application form.
- * You can apply in the middle of the fiscal year, subsidies are provided monthly after the application is accepted.
- * If You apply at school between the 16th and the end of the month, subsidies are provided from next month.

Inquiries: School Education Division, the Board of Education Tel. 0749-24-7973 Fax. 0749-23-9190

★ Hikone City Will Subsidize a Part of the Housing Remodeling Works for the Residents if the Corporations or Private Construction Companies which they use Have Bases in Hikone.

The amount of subsidy: 10% of the target construction fee, the upper limit is ¥100,000

(Disregarding fractions of less than \$1,000) 15% of the target construction fee, the upper limit is \$150,000 under certain conditions. Please ask more details. (Disregarding fractions of less than \$1,000)

Sudden illness

The first acceptance period: Friday, April 1~Friday, May 13 8:30am~5:15pm weekly only
Inquiries: Commerce and Industry Division Tel. 0749-30-6119 Fax. 0749-24-9676

☆Continuous Holidays (Golden Week) Emergency Clinic

《Emergency Medical Guide》

Emergency Medical Information system of Hikone City & Inukami county area Tel: 0749-23-3799

《Emergency Clinic for Sundays & Holidays》

at *Kusunoki* Center 1F (on Hikone Municipal Hospital property) (Hassaka-cho 1900-4) Tel: 0749-22-1119

Date & Time: April 29 (Fri. Holi)

May 3 (Tue. Holi), 4 (Wed. Holi) and 5 (Thurs. Holi)

 $10:00 \sim 19:00$ (application till 18:30)

%Sundays, Holidays and the year-end & New Year Holidays (12/29 \sim 1/3) also are opened.

Treatment Subjects: Internal medicine & Pediatrics

**Don't forget to bring the patient's Health Insurance Card.

 $\langle Emergency Dental Clinic \rangle$ Hours: 9:00 \sim 15:30

Day	Name of Clinic	Address	Telephone Number
May 3 (Tuesday)	Taiyo dental clinic	678-12 Hirata-cho	0749-24-8241
May 4 (Wednesday)	Nakagawa dental clinic	2-8-20 kyo-machi	0749-27-3188
May 5 (Thursday)	Tanaka dental clinic	1131-15 nishiima-cho	0479-27-3355

☆Medical Premium for over 75s in 2016, 2017

The medical premium rate for over 75s will be revised from April 1st to secure the appropriate premium revenue for the medical expense and to maintain the medical system. The new amount of the premiums will be sent to over 75s in the middle of July.

Inquires: Hikone City Health Insurance Division Tel. 0749-30-6145/ Fax. 0749-21-2220 Shiga Prefecture Wide Area Medical Association for over 75s: Tel. 077-522-3013 Premium rate from April

	2014 & 2015	2016 & 2017
Taxation on per capital basis	¥44,886	¥45,242
Income rate	8.73%	8.94%
Maximum premium per year	¥570,000	¥570,000

*Revised amount of Special Disability Allowance and Disability Child Allowance

Regarding the special child welfare allowance, we provide the target person with the allowance once every four months for the purpose of promoting children's welfare.

Regarding the special disability allowance and the disability child allowance, we provide the targeted person with the allowance once every three months for the purpose of reducing your payment.

There will be changes to the amount of special disability child allowance as follows.

	~March.	April. ~
Special child welfare allowance	1 st class (severe disabilities) ¥ 51,100	1 st class ¥51,500
	2 nd class(medium disability) ¥34,030	2 nd class ¥34,300
Special disability allowance	¥26,620	¥26,830
Disability child allowance	¥14,480	¥14,600
Welfare allowance	¥14,480	¥14,600

The income cap

Special child welfare allowance

If your family has income over a decided amount, you cannot receive this allowance.

Special disability allowance, Disability child allowance

If you or your family has income over settled amount, you cannot receive this allowance.

How to apply

Please apply for an allowance with medical certificate, booklet and all necessary documents at the Challenged People Division.

Regarding disability certificate, the standard of patient as suffer from impaired liver function is revised.

Regarding a device that help challenged person, a standard of support is revised.

Inquiries: The Challenged People Division Tel. 0749-27-9981 Fax. 0749-26-1767

☆Subsidy for Taxi Fare and Car fare for the Challenge People

The subsidy ticket will be issued to the challenged people to encourage them to actively participate in the society. Application is required.

Application & Inquiries: The Challenged People's Welfare Division: Tel. 0749-27-9981 Fax. 0749-26-1767



☆Hikone Castle Sakura Festival Friday, April 1 ~ Wednesday, April 20

During the period, you can enjoy night viewing of illuminated cherry blossoms from sunset to 21:00. The period might be changed depending on the state of blooming. The traffic will be controlled from the end of March. Please visit our website, http://www.hikoneshi.com (Hikone Sightseeing Association)

* Notice for Traffic Regulation

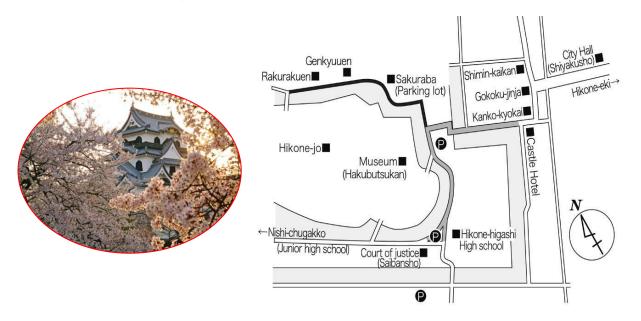
Please come to the castle by public transportation in order to avoid traffic congestion. Do not park on the streets. We will strictly enforce the traffic regulation in the castle area to prevent accidents.

*Traffic Regulation Area & Time

The north intersection of the stable \sim *Kuromon* gate Everyday 9:00 \sim 22:00 (the pedestrians-only street) <u>Irohamatu</u> pine tree avenue \sim Hikone Higashi High School

When the cherry blossoms are in full bloom $9:00 \sim 18:00$ (the pedestrians-only street)

Inquiries: Hikone Sightseeing Association
 Tourism Planning Division
 Tel. 0749-23-0001
 Fax. 0749-26-1919
 Fax. 0749-24-9676



"World Autism Awareness Campaign" Development Disorder Enlightenment Week April 2~8

April 2nd is "World Autism Awareness Day" as designated by the United nations in 2007. To promote this campaign, many major buildings and places throughout Japan is illuminated in blue light every year. The main building of Hikone Castle is also illuminated in blue light as last year. Inquires: World Autism Awareness Day 2016 Shiga prefecture Blue light-up Executive Office

Tel.090-4036-4510

☆"HIKONE *DE ASAICHI*" (The Fresh Morning Market in Hikone)

Selling local fresh vegetable, bean curd, soy sauce, and local lake sea foods under the concept "Safety food" "Local production for local consumption" "Handmade".

Date & Time: Sunday, April 17 8:00~12:00 Place: GOKOKU-JINJYA (shrine) (Osue-cho)

Inquiries: "HIKONE DE ASAICHI" Executive Committee

Tel 0749-24-4461

E-mail <u>hikonedeasaichi55@gmail.com</u>





Consultation

	Date & Time	Place	Contents
Human-Rights Counseling	April 6 & 20 (Wed) 13:00 ~ 15:00	Consultation Room (City Hall 1 F)	Counseling about bullying and all acts of discrimination Tel. 0749-22-0242
Law Consultation	April 22 (Fri) 13:00 ~ 16:00 (by reservation)	Community Relations Division	*Consultation fee: 5400 yen per 30 minute session (Please pay on the consultation day) *The first 6 person from 8:30 on March 16) *Only those who live or work in Hikone Tel. 0749-30-6117 Fax. 0749-22-1398
Child · Family Consultation	Every Mon. ~ Fri. (except holidays) 8:30 ~ 17:15	Consultation Room for Children	Child care issues, child abuse, domestic violence etc Tel. 0749-23-7838 Fax. 0749-26-1768
Consumer Life Consultation	Every Mon. ~ Fri. (except holidays) ①9:00 ~ 12:00 ②13:00 ~ 16:15	City life Environment Division (City Hall 1 F)	Consultation about the trouble of consumer life, contracts, etc Tel. 0749-30-6144
Consultation for Bullying /Hot Line	Every Mon. ~ Fri. (except holidays) 9:00 ~ 17:00	School Support Room (Board of Education)	The experienced person in the education guides you %The anonymity is possible Tel. 0749-24-7977
Traffic Accident Consultation	Every Tue & Thu ①9:00 ~ 12:00 ②13:00 ~ 16:00	Koto Joint Government Building 2F	Consultation by telephone is also available from Monday to Friday except holiday Tel. 0749-27-2230

Consultation Service for Foreign Residents To Be Modified

Telephone Consultation Service for Foreign Residents (every Wednesday, Thursday and Friday) will stop.

English and Portuguese: In case you need interpreter (at City Hall) or consultant (for your daily life) please inquire us.

Chinese: Interpreter is available every Tuesday and Friday.

Inquiries: Human Rights Policy Division: Tel. 0749-30-6113 Fax. 0749-24-8577







Information from The Health Promotion Division at Kusunoki Center (Hassaka-cho)

☆Rakuraku Kin-en (quit smoking easily) Consultation

A smoking habit is nicotine dependence. If you try to quit smoking, we support your challenge.

Date & Time: Wednesday, Apr 13 9:00~ 10:00~ 11:00~

Place: Kusunoki Center 2F (Next to Hikone Municipal Hospital)

Capacity: 1 person / each time slot (Reserved)

Contents: • Check for your lung's contamination (Measure the carbon monoxide density in your exhalation.)

- Check for your addiction to cigarettes (Measure nicotine density in your urine)
- · Consultation on how to quit smoking

Inquiry: The Health Promotion Division Tel. 0749-24-0816 Fax. 0749-24-5870

☆Breast Cancer Checkup and Urine Cancer Checkup

≪Breast Cancer checkup≫

Eligibility: women aged 40 and over as of March 31 2017 who live in Hikone city

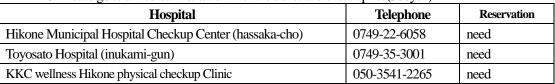
The date of application for consultation ticket: until February 20 (Mon) 2017

The date of appointment for doctor: until February 27(Mon) 2017

- * Interview and 2way-mammography check for 40~49year-olds.
- * Interview and I way-mammography check for 50 year-olds and over the check of see and touch do not carry out

How to take a medical examination

- 1. please call 0749-24-3719(reservation desk for cancer checkup)
- 2. when you take a ticket, please appointment a medical institution.
- 3. Please go to a medical institution with the ticket and checkup fee(500yen)



*Please ask for details. <u>Tel 0749-24-0</u>816 Fax 0749- 24-5870

≪Uterine Cancer checkup≫

Eligibility: women aged 20 over as of March 31 2017 who live in Hikone

Date: until March 31(Fri) 2017 Fee: ¥500

*Please go to the following clinic directly with the check-up fee (500yen).

Some clinics might require a reservation. Please inquire at the clinic for more information.

Hospital	Reservation	Hospital	Reservation
Adachi OB/GYN Clinic (sawa-cho) Tel 0749-22-2155	No need	HayashiOB/GYN (take-ga-hana-cho) Tel 0749-26-0528	No need
Jinno OB/GYN clinic (chuo-cho) Tel 0749-22-6216	No need	Yamashita Clinic (nagasone-cho) Tel 0749-24-5290	Need
Jinno OB/GYN clinic Alice (hassaka-cho) Tel 0749- 29-9025	No need	Hikone Chuo Hospital (nishiima-cho)Tel0749-23-1211	Need
Jinno OB/GYN clinic Sophia (kawasebaba-cho) Tel 0749- 25-5566	No need	Hikone Municipal Hospital (hassaka-cho) Tel0749- 22-6050	No need
KKC wellness Hikone physical checkup Clinic(hurusawa-cyo) Tel 050-3541-2265	Need		

The check-up is available not only at the above-mentioned clinics but at any OB/GYN clinics in Shiga prefecture.

**Please ask for details. Tel 0749-24-0816 Fax0749- 24-5870 The Health Promotion Division

The medical checkup fee for the following people will be free.

- 1 Those from the household with exemption from the inhabitant tax.
- 2 Those from the household with livelihood protection
- 3Those who are eligible for medical service of the elderly (65~69 years old).
- 3Those who are 70 years old or older on the completed years on the checkup day.
- *This breast cancer check-up and uterine cancer check-up are not suitable for those who are pregnant or may be pregnant.
- This breast cancer check-up is not suitable for those who are nursing, or have had a pacemaker inserted or have had breast enlargement surgery.
- *This uterine cancer check-up is inadequate for those who are during their menstrual period or have had the uterus removed.
- Those who have subjective symptoms or go to hospital regularly, please ask the clinic directly.
- *Once every two years for breast and uterine cancer checkup.

Those who have checked for breast and uterine cancer from April 1 2015 to March 31 2016 cannot have a checkup.

Those who have a Hikone-issued free coupon this fiscal year are eligible for it even if they had a checkup last year.



Tel: 0749-24-0816

Fax: 0749-24-5870

























☆NYUYOJI KOBETSU SODAN(Individual consultant for infants)

Please bring your Maternal and Child Health Handbook,

Date & Time: Thursday, Apr 14 & 28 9:30~11:00

Place: Kusunoki Center 1F (Next to Hikone Municipal Hospital)

*Consultation by a nutritionist is available on Thursday, Apr 28.



☆Health Check-ups for Infants

April

Kusunoki Center 1F(Next to Hikone Municipal Hospital)/13:00~14:00

4-Month-Old Babies	19 (Tue)	Born between Dec 1 and 15, 2015
4-Monur-Old Bables	26 (Tue)	Born between Dec 16 and 31, 2015
10-Month-Old Babies	6 (Wed)	Born between June 1 and 15, 2015
10-Monui-Old Davies	20 (Wed)	Born between June 16 and 30, 2015

Kusunoki Center 1F(Next to Hikone Municipal Hospital) / 13:00~14:00

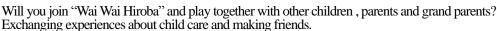
18-Month-Old Babies	8 (Fri)	Born between Sep 1 and 15, 2014
	15 (Fri)	Born between Sep 16 and 30, 2014
2-Year & 6-Month-Old Children	14 (Thu)	Born between Sep 1 and 15, 2013
	21 (Thu)	Born between Sep 16 and 30, 2013
3-Year & 6-Month-Old Children	11 (Mon)	Born between Sep 1 and 15, 2012
	18 (Mon)	Born between Sep 16 and 30, 2012

^{*}As individual notification of Health Check-ups is for 4 month-old babies only, please check the Suku-Suku book for what contents and items to bring.

^{*} If you are unable to come on the date specified or if you have any questions about the Health check for infants, contact The Health Promotion Division Tel. 0749-24-0816 Fax. 0749-24-5870



"Wai Wai Hiroba" Let's Go to the Community Center.







● Date & Place * The schedule will change because of national holiday.

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Place	Date	
Asahinomori-chiku community center	Every 3 rd Thursday (The 4 th Thursday on June, August,	
(Shoboji-cho)	November 2016, January and February 2017)	
Nishi-chiku community center	Every 3 rd Thursday	
(Honmachi 1cho-me)		
Naka-chiku community center (ooyabu-cho)	Every 2 nd Wednesday	
	(The 4 th Wednesday on January 2017)	
Kawase-chiku community center (morido-cho)	Every 2 nd Tuesday	
Takamiya area culture center (Takamiya-cho)	Every 3 rd Thursday	
Toriimoto-chiku community center (Toriimoto-cho)	Every 4 ^{sth} Friday (The 3 rd Friday on December 2016)	
South Senior Citizen's Welfare center (Tahara-cho)	Every 4 th Friday (The 2 nd Friday on December 2016)	

•Time: $10:00 \sim 11:30$

•Fee : Free

Reservation is not necessary.

●Inquiries: Child & Youth Division Tel. 0749-49-2251 Fax. 0749-26-1768

* There are no interpreter.



^{*}For Health Check-ups for 18- month-old-babies, a toothbrush is necessary and for 2- year & 6-month-old-children, a toothbrush and cup are necessary. There will be a class on the correct way of brushing your child's teeth.

^{*}For Health Check-ups for 3-years & 6-month-old children, there is an urinalysis. Please bring a first morning urine sample in a clean bottle.